



KENDAL & DISTRICT TENNIS LEAGUE

SUMMER 2022 SEASON OFFICIAL HANDBOOK

Fixtures and Results available online @
www.kendal.tennis-league.org

CLUB CONTACTS

Arnside TC

Tim Farmer

telephone number private - log on to website

email address private - log on to website

Alex Rocke

telephone number private - log on to website

Bolton Le Sands TC

Maureen Forrest

telephone number private - log on to website

email address private - log on to website

Mark Tomlinson

telephone number private - log on to website

email address private - log on to website

Bowerham Tennis Club

Helci Szulc

telephone number private - log on to website

email address private - log on to website

Coniston TC

Peter Helme

telephone number private - log on to website

email address private - log on to website

Endmoor TC

Mark Woodburn

telephone number private - log on to website

email address private - log on to website

Peter Rushton

telephone number private - log on to website

email address private - log on to website

Hawcoat Park TC

Helen Williams

telephone number private - log on to website

email address private - log on to website

Paul Stubbs

telephone number private - log on to website

Heversham with Milnthorpe TC

Mark Fox

telephone number private - log on to website

email address private - log on to website

Nicola Ogden

telephone number private - log on to website

email address private - log on to website

Kendal TC

Dave Parry

telephone number private - log on to website

email address private - log on to website

Caz Graham

telephone number private - log on to website

email address private - log on to website

Kirkby Lonsdale TC

John Lowery

telephone number private - log on to website

email address private - log on to website

Jo Lowery

telephone number private - log on to website

email address private - log on to website

Dermot McDaid

telephone number private - log on to website

email address private - log on to website

Kirkby Stephen TC

Nick Walls

telephone number private - log on to website

email address private - log on to website

Lancaster Tennis Club

Susan Lucas

telephone number private - log on to website

email address private - log on to website

Sandra Eccles

telephone number private - log on to website

email address private - log on to website

Lunesdale LTC

John Braithwaite

telephone number private - log on to website

email address private - log on to website

North Lonsdale TC

Tom Fraser

telephone number private - log on to website

email address private - log on to website

Geoff Birch

telephone number private - log on to website

email address private - log on to website

Slyne-with-Hest TC

David Marle

telephone number private - log on to website

email address private - log on to website

Paul Casson

telephone number private - log on to website

email address private - log on to website

WanderersTC

Ben Wilson

telephone number private - log on to website

email address private - log on to website

Alex Teckkam

telephone number private - log on to website

email address private - log on to website

Windermere LTC

Mike Jones

telephone number private - log on to website

email address private - log on to website

CLUB ADDRESS & TEAM CONTACTS

Arnside TC

Silverdale Road, Arnside, Carnforth, Lancashire, , LA5 0DZ

Mens 3	[Arnside A]	Tim Farmer telephone number private - log on to website MON 18:30 email address private - log on to website
Mens 4	[Arnside B]	Tim Farmer telephone number private - log on to website MON 18:30 email address private - log on to website

Bolton Le Sands TC

Packet Lane, Bolton Le Sands, Carnforth, Lancashire, , LA5 8DW

Mens 3	[BLS A]	Mark Tomlinson telephone number private - log on to website TUE 18:30 email address private - log on to website
Mens 4	[Bolton le Sands B]	Graham Clarke telephone number private - log on to website FRI 18:30 email address private - log on to website
Mixed 2	[Bolton Le Sands]	Maureen Forrest telephone number private - log on to website FRI 18:30 email address private - log on to website

Bowerham Tennis Club

Barton Road, Lancaster, LA1 4ER

Mens 2	[Bowerham]	Matt Nichols telephone number private - log on to website THU 18:30 email address private - log on to website
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Coniston TC

Coniston Sports and Social Centre, Shepherds Bridge Lane, Coniston, Cumbria, LA21 8AL

Mens 1	[Coniston A]	Pavel Hany s telephone number private - log on to website WED 18:30 email address private - log on to website Peter Helme telephone number private - log on to website email address private - log on to website
Mens 3	[Coniston B]	Jeff Atkinson telephone number private - log on to website FRI 18:30 email address private - log on to website

Endmoor TC

Gatebeck Road, Endmoor, Kendal, Cumbria, , LA8 0HL

Mens 3	[Endmoor]	Mark Woodburn telephone number private - log on to website MON 18:30 email address private - log on to website
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Hawcoat Park TC

Hawcoat Park Sports Centre Hawcoat Lane Barrow in Furness, LA14 4HF

Ladies	[Hawcoat Park]	Judith Silvester telephone number private - log on to website MON 18:30
Mens 3	[Hawcoat Park]	Luke Adams WED 18:30
Mixed 1	[Hawcoat Park]	Helen Williams telephone number private - log on to website THU 18:30 email address private - log on to website Pamela Clarkson

Heversham with Milnthorpe TC*Dallam School, Heversham, Cumbria , LA7 7EH*

Ladies	[Heversham]	Nicola Ogden telephone number private - log on to website MON 18:30 email address private - log on to website
Mens 1	[Heversham]	James Kirkpatrick THU 18:30
Mixed 1	[Heversham]	Nicola Ogden telephone number private - log on to website WED 18:30 email address private - log on to website

Kendal TC*Appleby Road, Kendal, Cumbria, , LA9 6HF*

Ladies	[Kendal A]	Erica Ferreira telephone number private - log on to website MON 18:30 email address private - log on to website Di Reddin telephone number private - log on to website email address private - log on to website
	[Kendal B]	Martha Sheilds telephone number private - log on to website THU 18:30 email address private - log on to website Andrea Evans telephone number private - log on to website email address private - log on to website
Mens 1	[Kendal A]	Graeme Blair telephone number private - log on to website MON 18:30 Oli Jeffs telephone number private - log on to website
Mens 2	[Kendal B]	Dave Parry telephone number private - log on to website MON 18:30 email address private - log on to website Andy Yearsley telephone number private - log on to website email address private - log on to website
Mens 4	[Kendal C]	Andy Harvey telephone number private - log on to website WED 18:30 email address private - log on to website
Mixed 1	[Kendal A]	Di Reddin telephone number private - log on to website WED 18:30 email address private - log on to website
Mixed 2	[Kendal B]	Caz Graham telephone number private - log on to website THU 18:30 email address private - log on to website

Kirkby Lonsdale TC*Queen Elizabeth School, Lunesdale Sports Centre (Astro), Kirkby Lonsdale, Carnforth, Lancashire,, LA6 2HJ*

Mens 2	[Kirkby L]	John Lowery telephone number private - log on to website MON 18:30 email address private - log on to website Dermot McDaid telephone number private - log on to website email address private - log on to website Ian Glaves telephone number private - log on to website email address private - log on to website
Mens 4	[Kirkby L B]	Luke Meller telephone number private - log on to website MON 18:30 email address private - log on to website
Mixed 2	[Kirkby L]	Georgie Martindale telephone number private - log on to website WED 18:30 email address private - log on to website

Kirkby Stephen TC

Kirkby Stephen Grammar School & Sports College, Kirkby Stephen Cumbria , CA17 4HA

Mens 1	[Kirkby S]	Nick Walls telephone number private - log on to website
	THU 18:30	email address private - log on to website

Lancaster Tennis Club

Lune Road, Lancaster, LA1 5QU

Mens 1	[Lancaster A]	Simon Hicks telephone number private - log on to website
	MON 18:30	email address private - log on to website
Mens 3	[Lancaster B]	Steve Garland telephone number private - log on to website
	TUE 18:30	email address private - log on to website
Mixed 2	[Lancaster]	Derek Metcalfe telephone number private - log on to website
	TUE 18:30	email address private - log on to website

Lunesdale LTC

Ball Lane, Caton, Lancashire, , LA2 9QN

Mens 2	[Lunesdale A]	David Marle telephone number private - log on to website
	THU 18:30	email address private - log on to website
Mens 3	[Lunesdale B]	Tom Greenwood telephone number private - log on to website
	THU 18:30	email address private - log on to website
Mens 4	[Lunesdale C]	John Braithwaite telephone number private - log on to website
	MON 18:30	email address private - log on to website

North Lonsdale TC

Yew Tree Playing Fields, Grange-Over-Sands,, LA11 7AA

Ladies	[North Lons.]	Ann Morris telephone number private - log on to website
	WED 18:30	email address private - log on to website
Mens 2	[North Lons. A]	Ian Bury telephone number private - log on to website
	THU 18:30	email address private - log on to website
Mens 4	[North Lons. B]	David Law telephone number private - log on to website
	MON 18:30	email address private - log on to website
Mixed 1	[North Lons.]	Joanne Read telephone number private - log on to website
	WED 18:30	email address private - log on to website

Slyne-with-Hest TC

Hanging Green Lane Hest Bank, Lancaster, Lancashire,, LA2 6JB

Mens 1	[Slyne A]	Alex Hewitt telephone number private - log on to website
	SAT 16:00	email address private - log on to website
Mens 2	[Slyne B]	Alan Holt telephone number private - log on to website
	SAT 16:00	email address private - log on to website
Mens 4	[Slyne C]	John Smith telephone number private - log on to website
	FRI 18:30	email address private - log on to website
Mixed 1	[Slyne A]	Nick Higham telephone number private - log on to website
	MON 18:30	email address private - log on to website
Mixed 2	[Slyne B]	David Bird telephone number private - log on to website
	MON 18:30	email address private - log on to website

WanderersTC

Priory Road, ULVERSTON, Cumbria, , LA12 9HT

Mens 1	[Wanderers A]	Alex Teckkam telephone number private - log on to website
		THU 18:30 email address private - log on to website
Mens 2	[Wanderers B]	Andrew Hodgson telephone number private - log on to website
		email address private - log on to website
Mens 2	[Wanderers B]	Ben Wilson telephone number private - log on to website
		MON 18:30 email address private - log on to website

Windermere LTC

Queens Park, Between Droomer Drive And Park Road, Windermere, Cumbria,, LA23 2LR

Mens 1	[Windermere]	Mike Harrison telephone number private - log on to website
		MON 18:30 email address private - log on to website
Mixed 1	[Windermere]	Mike Jones telephone number private - log on to website
		email address private - log on to website
Mixed 1	[Windermere]	Janette Osliff telephone number private - log on to website
		THU 18:30 email address private - log on to website
Mixed 1	[Windermere]	Mike Harrison telephone number private - log on to website
		email address private - log on to website
Mixed 1	[Windermere]	Ryan Taylor telephone number private - log on to website
		email address private - log on to website

MENS FIXTURES

Mens 1

	Date		Time	Home Team		Away Team	
29th	Apr	2024	18:30	Kendal A	v	Wanderers A	
1st	May	2024	18:30	Coniston A	v	Lancaster A	
2nd	May	2024	18:30	Heversham	v	Kirkby S	
4th	May	2024	16:00	Slyne A	v	Windermere	
6th	May	2024	18:30	Windermere	v	Kendal A	
8th	May	2024	18:30	Coniston A	v	Slyne A	
9th	May	2024	18:30	Wanderers A	v	Heversham	
13th	May	2024	18:30	Kendal A	v	Coniston A	
16th	May	2024	18:30	Heversham	v	Windermere	
18th	May	2024	16:00	Slyne A	v	Lancaster A	
20th	May	2024	18:30	Lancaster A	v	Wanderers A	
20th	May	2024	18:30	Windermere	v	Kirkby S	
22nd	May	2024	18:30	Lancaster A	v	Kirkby S	
22nd	May	2024	18:30	Coniston A	v	Heversham	
23rd	May	2024	18:30	Wanderers A	v	Slyne A	
25th	May	2024	16:00	Slyne A	v	Kendal A	
30th	May	2024	18:30	Heversham	v	Slyne A	
30th	May	2024	18:30	Wanderers A	v	Windermere	
30th	May	2024	18:30	Kirkby S	v	Coniston A	
3rd	Jun	2024	18:30	Lancaster A	v	Windermere	
3rd	Jun	2024	18:30	Kendal A	v	Heversham	
5th	Jun	2024	18:30	Coniston A	v	Wanderers A	
8th	Jun	2024	16:00	Slyne A	v	Kirkby S	
10th	Jun	2024	18:30	Windermere	v	Coniston A	
13th	Jun	2024	18:30	Kirkby S	v	Kendal A	
13th	Jun	2024	18:30	Heversham	v	Lancaster A	
17th	Jun	2024	18:30	Windermere	v	Slyne A	
17th	Jun	2024	18:30	Lancaster A	v	Coniston A	
18th	Jun	2024	18:30	Kirkby S	v	Wanderers A	
20th	Jun	2024	18:30	Kirkby S	v	Heversham	
20th	Jun	2024	18:30	Wanderers A	v	Kendal A	
24th	Jun	2024	18:30	Kendal A	v	Windermere	
27th	Jun	2024	18:30	Heversham	v	Wanderers A	
27th	Jun	2024	18:30	Kirkby S	v	Lancaster A	
29th	Jun	2024	16:00	Slyne A	v	Coniston A	
1st	Jul	2024	18:30	Lancaster A	v	Slyne A	
1st	Jul	2024	18:30	Windermere	v	Heversham	
3rd	Jul	2024	18:30	Coniston A	v	Kendal A	
8th	Jul	2024	18:30	Kendal A	v	Slyne A	
11th	Jul	2024	18:30	Wanderers A	v	Lancaster A	
11th	Jul	2024	18:30	Heversham	v	Coniston A	
11th	Jul	2024	18:30	Kirkby S	v	Windermere	
15th	Jul	2024	18:30	Lancaster A	v	Kendal A	
17th	Jul	2024	18:30	Coniston A	v	Kirkby S	
20th	Jul	2024	16:00	Slyne A	v	Heversham	

Mens 1 continued...

Date			Time	Home Team		Away Team
22nd	Jul	2024	18:30	Windermere	v	Lancaster A
25th	Jul	2024	18:30	Wanderers A	v	Coniston A
25th	Jul	2024	18:30	Heversham	v	Kendal A
25th	Jul	2024	18:30	Kirkby S	v	Slyne A
29th	Jul	2024	18:30	Kendal A	v	Kirkby S
29th	Jul	2024	18:30	Lancaster A	v	Heversham
31st	Jul	2024	18:30	Coniston A	v	Windermere
1st	Aug	2024	18:30	Wanderers A	v	Kirkby S
3rd	Aug	2024	16:00	Slyne A	v	Wanderers A
7th	Aug	2024	18:30	Kendal A	v	Lancaster A
12th	Aug	2024	18:30	Windermere	v	Wanderers A

Mens 2

Date			Time	Home Team		Away Team
2nd	May	2024	18:30	Lunesdale A	v	Wanderers B
2nd	May	2024	18:30	Bowerham	v	Kendal B
6th	May	2024	18:30	Kirkby L	v	Bowerham
6th	May	2024	18:30	Kendal B	v	North Lons. A
11th	May	2024	16:00	Slyne B	v	Lunesdale A
13th	May	2024	18:30	Wanderers B	v	Slyne B
16th	May	2024	18:30	North Lons. A	v	Kirkby L
16th	May	2024	18:30	Lunesdale A	v	Kendal B
20th	May	2024	18:30	Kirkby L	v	Lunesdale A
23rd	May	2024	18:30	Bowerham	v	North Lons. A
27th	May	2024	18:30	Kendal B	v	Wanderers B
3rd	Jun	2024	18:30	Kirkby L	v	Slyne B
6th	Jun	2024	18:30	Bowerham	v	Wanderers B
6th	Jun	2024	18:30	North Lons. A	v	Lunesdale A
10th	Jun	2024	18:30	Kendal B	v	Kirkby L
10th	Jun	2024	18:30	Wanderers B	v	North Lons. A
15th	Jun	2024	16:00	Slyne B	v	Bowerham
17th	Jun	2024	18:30	Wanderers B	v	Lunesdale A
17th	Jun	2024	18:30	Kendal B	v	Bowerham
20th	Jun	2024	18:30	Lunesdale A	v	Bowerham
22nd	Jun	2024	16:00	Slyne B	v	North Lons. A
24th	Jun	2024	18:30	Kirkby L	v	Wanderers B
27th	Jun	2024	18:30	Lunesdale A	v	Slyne B
27th	Jun	2024	18:30	North Lons. A	v	Kendal B
27th	Jun	2024	18:30	Bowerham	v	Kirkby L
1st	Jul	2024	18:30	Kirkby L	v	North Lons. A
1st	Jul	2024	18:30	Kendal B	v	Lunesdale A
6th	Jul	2024	16:00	Slyne B	v	Wanderers B
11th	Jul	2024	18:30	North Lons. A	v	Bowerham
11th	Jul	2024	18:30	Lunesdale A	v	Kirkby L
15th	Jul	2024	18:30	Kendal B	v	Slyne B
15th	Jul	2024	18:30	Wanderers B	v	Kirkby L
18th	Jul	2024	18:30	Bowerham	v	Lunesdale A
22nd	Jul	2024	18:30	Wanderers B	v	Bowerham

Mens 2 continued...

Date			Time	Home Team		Away Team
25th	Jul	2024	18:30	Lunesdale A	v	North Lons. A
27th	Jul	2024	16:00	Slyne B	v	Kirkby L
29th	Jul	2024	18:30	Kirkby L	v	Kendal B
1st	Aug	2024	18:30	North Lons. A	v	Wanderers B
1st	Aug	2024	18:30	Bowerham	v	Slyne B
5th	Aug	2024	18:30	Wanderers B	v	Kendal B
5th	Aug	2024	18:30	North Lons. A	v	Slyne B
10th	Aug	2024	16:00	Slyne B	v	Kendal B

Mens 3

Date			Time	Home Team		Away Team
29th	Apr	2024	18:30	Arnsdale A	v	Hawcoat Park
30th	Apr	2024	18:30	Lancaster B	v	Coniston B
30th	Apr	2024	18:30	BLS A	v	Endmoor
3rd	May	2024	18:30	Coniston B	v	Lunesdale B
8th	May	2024	18:30	Hawcoat Park	v	Lancaster B
9th	May	2024	18:30	Lunesdale B	v	Arnsdale A
10th	May	2024	18:30	Coniston B	v	BLS A
14th	May	2024	18:30	BLS A	v	Hawcoat Park
14th	May	2024	18:30	Lancaster B	v	Lunesdale B
15th	May	2024	18:30	Endmoor	v	Coniston B
20th	May	2024	18:30	Arnsdale A	v	Lancaster B
22nd	May	2024	18:30	Hawcoat Park	v	Endmoor
23rd	May	2024	18:30	Lunesdale B	v	BLS A
28th	May	2024	18:30	BLS A	v	Arnsdale A
31st	May	2024	18:30	Coniston B	v	Hawcoat Park
3rd	Jun	2024	18:30	Arnsdale A	v	Endmoor
4th	Jun	2024	18:30	Lancaster B	v	BLS A
6th	Jun	2024	18:30	Lunesdale B	v	Coniston B
10th	Jun	2024	18:30	Endmoor	v	Lancaster B
12th	Jun	2024	18:30	Hawcoat Park	v	Lunesdale B
14th	Jun	2024	18:30	Coniston B	v	Arnsdale A
17th	Jun	2024	18:30	Endmoor	v	BLS A
19th	Jun	2024	18:30	Hawcoat Park	v	Arnsdale A
21st	Jun	2024	18:30	Coniston B	v	Lancaster B
24th	Jun	2024	18:30	Arnsdale A	v	Lunesdale B
25th	Jun	2024	18:30	BLS A	v	Coniston B
25th	Jun	2024	18:30	Lancaster B	v	Hawcoat Park
28th	Jun	2024	18:30	Endmoor	v	Lunesdale B
3rd	Jul	2024	18:30	Hawcoat Park	v	BLS A
4th	Jul	2024	18:30	Lunesdale B	v	Lancaster B
5th	Jul	2024	18:30	Coniston B	v	Endmoor
8th	Jul	2024	18:30	Endmoor	v	Hawcoat Park
9th	Jul	2024	18:30	Lancaster B	v	Arnsdale A
9th	Jul	2024	18:30	BLS A	v	Lunesdale B
15th	Jul	2024	18:30	Arnsdale A	v	BLS A
18th	Jul	2024	18:30	Lunesdale B	v	Endmoor
22nd	Jul	2024	18:30	Endmoor	v	Arnsdale A

Mens 3 continued...

Date			Time	Home Team		Away Team
23rd	Jul	2024	18:30	BLS A	v	Lancaster B
29th	Jul	2024	18:30	Arnsdale A	v	Coniston B
30th	Jul	2024	18:30	Lancaster B	v	Endmoor
1st	Aug	2024	18:30	Lunesdale B	v	Hawcoat Park
7th	Aug	2024	18:30	Hawcoat Park	v	Coniston B

Mens 4

Date			Time	Home Team		Away Team
29th	Apr	2024	18:30	North Lons. B	v	Arnsdale B
1st	May	2024	18:30	Kendal C	v	Lunesdale C
3rd	May	2024	18:30	Slyne C	v	Kirkby L B
6th	May	2024	18:30	Arnsdale B	v	Slyne C
10th	May	2024	18:30	Bolton le Sands B	v	Kendal C
13th	May	2024	18:30	Kirkby L B	v	Arnsdale B
13th	May	2024	18:30	North Lons. B	v	Bolton le Sands B
20th	May	2024	18:30	Lunesdale C	v	Kirkby L B
22nd	May	2024	18:30	Kendal C	v	North Lons. B
24th	May	2024	18:30	Bolton le Sands B	v	Slyne C
27th	May	2024	18:30	Kirkby L B	v	Bolton le Sands B
27th	May	2024	18:30	Arnsdale B	v	Lunesdale C
30th	May	2024	18:30	Lunesdale C	v	North Lons. B
31st	May	2024	18:30	Slyne C	v	Kendal C
3rd	Jun	2024	18:30	North Lons. B	v	Slyne C
5th	Jun	2024	18:30	Kendal C	v	Kirkby L B
7th	Jun	2024	18:30	Bolton le Sands B	v	Arnsdale B
7th	Jun	2024	18:30	Slyne C	v	Lunesdale C
10th	Jun	2024	18:30	Kirkby L B	v	North Lons. B
10th	Jun	2024	18:30	Arnsdale B	v	Kendal C
10th	Jun	2024	18:30	Lunesdale C	v	Bolton le Sands B
17th	Jun	2024	18:30	Arnsdale B	v	North Lons. B
17th	Jun	2024	18:30	Lunesdale C	v	Kendal C
17th	Jun	2024	18:30	Kirkby L B	v	Slyne C
19th	Jun	2024	18:30	Bolton le Sands B	v	North Lons. B
24th	Jun	2024	18:30	North Lons. B	v	Lunesdale C
26th	Jun	2024	18:30	Kendal C	v	Bolton le Sands B
28th	Jun	2024	18:30	Slyne C	v	Arnsdale B
1st	Jul	2024	18:30	Arnsdale B	v	Kirkby L B
1st	Jul	2024	18:30	Lunesdale C	v	Slyne C
8th	Jul	2024	18:30	North Lons. B	v	Kendal C
8th	Jul	2024	18:30	Kirkby L B	v	Lunesdale C
12th	Jul	2024	18:30	Slyne C	v	Bolton le Sands B
15th	Jul	2024	18:30	Lunesdale C	v	Arnsdale B
17th	Jul	2024	18:30	Kendal C	v	Slyne C
19th	Jul	2024	18:30	Bolton le Sands B	v	Kirkby L B
22nd	Jul	2024	18:30	Kirkby L B	v	Kendal C
22nd	Jul	2024	18:30	Arnsdale B	v	Bolton le Sands B
26th	Jul	2024	18:30	Slyne C	v	North Lons. B
29th	Jul	2024	18:30	North Lons. B	v	Kirkby L B

Mens 4 continued...

Date			Time	Home Team		Away Team
31st	Jul	2024	18:30	Kendal C	v	Arnside B
2nd	Aug	2024	18:30	Bolton le Sands B	v	Lunesdale C

LADIES FIXTURES

Ladies

Date			Time	Home Team		Away Team
2nd	May	2024	18:30	Kendal B	v	Kendal A
6th	May	2024	18:30	Heversham	v	Hawcoat Park
8th	May	2024	18:30	North Lons.	v	Kendal B
13th	May	2024	18:30	Hawcoat Park	v	Kendal A
16th	May	2024	18:30	Kendal B	v	Heversham
20th	May	2024	18:30	Heversham	v	Kendal A
22nd	May	2024	18:30	North Lons.	v	Hawcoat Park
27th	May	2024	18:30	Kendal A	v	North Lons.
3rd	Jun	2024	18:30	Kendal A	v	Kendal B
3rd	Jun	2024	18:30	Heversham	v	North Lons.
10th	Jun	2024	18:30	Hawcoat Park	v	Heversham
13th	Jun	2024	18:30	Kendal B	v	North Lons.
17th	Jun	2024	18:30	Heversham	v	Kendal B
21st	Jun	2024	18:30	Kendal A	v	Hawcoat Park
24th	Jun	2024	18:30	Hawcoat Park	v	North Lons.
24th	Jun	2024	18:30	Kendal A	v	Heversham
3rd	Jul	2024	18:30	North Lons.	v	Kendal A
4th	Jul	2024	18:30	Kendal B	v	Hawcoat Park
8th	Jul	2024	18:30	Hawcoat Park	v	Kendal B
15th	Jul	2024	18:30	North Lons.	v	Heversham

MIXED FIXTURES

Mixed 1

Date			Time	Home Team		Away Team
29th	Apr	2024	18:30	Slyne A	v	Windermere
1st	May	2024	18:30	Heversham	v	Kendal A
2nd	May	2024	18:30	Hawcoat Park	v	North Lons.
8th	May	2024	18:30	Kendal A	v	Hawcoat Park
15th	May	2024	18:30	Heversham	v	Windermere
15th	May	2024	18:30	North Lons.	v	Kendal A
15th	May	2024	18:30	Hawcoat Park	v	Slyne A
20th	May	2024	18:30	Slyne A	v	North Lons.
23rd	May	2024	18:30	Heversham	v	Hawcoat Park
23rd	May	2024	18:30	Windermere	v	Kendal A
29th	May	2024	18:30	Kendal A	v	Slyne A
29th	May	2024	18:30	North Lons.	v	Heversham
5th	Jun	2024	18:30	Kendal A	v	Heversham
5th	Jun	2024	18:30	North Lons.	v	Hawcoat Park
6th	Jun	2024	18:30	Windermere	v	Slyne A
6th	Jun	2024	18:30	Hawcoat Park	v	Heversham
12th	Jun	2024	18:30	Heversham	v	Slyne A
12th	Jun	2024	18:30	North Lons.	v	Windermere
13th	Jun	2024	18:30	Hawcoat Park	v	Kendal A
17th	Jun	2024	18:30	Slyne A	v	Hawcoat Park
19th	Jun	2024	18:30	Kendal A	v	North Lons.
20th	Jun	2024	18:30	Windermere	v	Heversham
26th	Jun	2024	18:30	Kendal A	v	Windermere
26th	Jun	2024	18:30	North Lons.	v	Slyne A
1st	Jul	2024	18:30	Slyne A	v	Kendal A
4th	Jul	2024	18:30	Windermere	v	North Lons.
10th	Jul	2024	18:30	Windermere	v	Hawcoat Park
18th	Jul	2024	18:30	Heversham	v	North Lons.
22nd	Jul	2024	18:30	Slyne A	v	Heversham
24th	Jul	2024	18:30	Hawcoat Park	v	Windermere

Mixed 2

Date			Time	Home Team		Away Team
2nd	May	2024	18:30	Kendal B	v	Kirkby L
3rd	May	2024	18:30	Bolton Le Sands	v	Slyne B
7th	May	2024	18:30	Lancaster	v	Kendal B
8th	May	2024	18:30	Kirkby L	v	Bolton Le Sands
13th	May	2024	18:30	Slyne B	v	Kirkby L
17th	May	2024	18:30	Bolton Le Sands	v	Lancaster
21st	May	2024	18:30	Lancaster	v	Slyne B
23rd	May	2024	18:30	Kendal B	v	Bolton Le Sands
27th	May	2024	18:30	Slyne B	v	Kendal B
29th	May	2024	18:30	Kirkby L	v	Lancaster
3rd	Jun	2024	18:30	Slyne B	v	Bolton Le Sands
5th	Jun	2024	18:30	Kirkby L	v	Kendal B

Mixed 2 continued...

Date			Time	Home Team		Away Team
13th	Jun	2024	18:30	Kendal B	v	Lancaster
14th	Jun	2024	18:30	Bolton Le Sands	v	Kirkby L
19th	Jun	2024	18:30	Lancaster	v	Bolton Le Sands
19th	Jun	2024	18:30	Kirkby L	v	Slyne B
24th	Jun	2024	18:30	Slyne B	v	Lancaster
28th	Jun	2024	18:30	Bolton Le Sands	v	Kendal B
2nd	Jul	2024	18:30	Lancaster	v	Kirkby L
4th	Jul	2024	18:30	Kendal B	v	Slyne B