



# KENDAL & DISTRICT TENNIS LEAGUE

## **SUMMER 2022 SEASON OFFICIAL HANDBOOK**

Fixtures and Results available online @  
[www.kendal.tennis-league.org](http://www.kendal.tennis-league.org)

## CLUB CONTACTS

### Arnside TC

#### **Tim Farmer**

telephone number private - log on to website

email address private - log on to website

#### **Alex Rocke**

telephone number private - log on to website

### Bolton Le Sands TC

#### **Maureen Forrest**

telephone number private - log on to website

email address private - log on to website

#### **Mark Tomlinson**

telephone number private - log on to website

email address private - log on to website

### Bowerham Tennis Club

#### **Helci Szulc**

telephone number private - log on to website

email address private - log on to website

### Coniston TC

#### **Caroline Clutterbuck**

telephone number private - log on to website

email address private - log on to website

### Endmoor TC

#### **Mark Woodburn**

telephone number private - log on to website

email address private - log on to website

#### **Peter Rushton**

telephone number private - log on to website

email address private - log on to website

### Hawcoat Park TC

#### **Helen Williams**

telephone number private - log on to website

email address private - log on to website

#### **Paul Stubbs**

telephone number private - log on to website

email address private - log on to website

### Heversham with Milnthorpe TC

#### **Mark Fox**

telephone number private - log on to website

email address private - log on to website

### Kendal TC

#### **Dave Parry**

telephone number private - log on to website

#### **Caz Graham**

telephone number private - log on to website

email address private - log on to website

**Kirkby Lonsdale TC**

**John Lowery**

telephone number private - log on to website

email address private - log on to website

**Jo Lowery**

telephone number private - log on to website

email address private - log on to website

**Dermot McDaid**

telephone number private - log on to website

email address private - log on to website

**Kirkby Stephen TC**

**Nick Walls**

telephone number private - log on to website

email address private - log on to website

**Lancaster Tennis Club**

**Susan Lucas**

telephone number private - log on to website

email address private - log on to website

**Sandra Eccles**

telephone number private - log on to website

email address private - log on to website

**Lunesdale LTC**

**John Braithwaite**

telephone number private - log on to website

email address private - log on to website

**North Lonsdale TC**

**Tom Fraser**

telephone number private - log on to website

email address private - log on to website

**Geoff Birch**

telephone number private - log on to website

email address private - log on to website

**Slyne-with-Hest TC**

**David Marle**

telephone number private - log on to website

email address private - log on to website

**Paul Casson**

telephone number private - log on to website

email address private - log on to website

**WanderersTC**

**Mike Brown**

telephone number private - log on to website

email address private - log on to website

**Andrew Hodgson**

telephone number private - log on to website

email address private - log on to website

**Windermere LTC**

**Mike Jones**

telephone number private - log on to website

email address private - log on to website

# CLUB ADDRESS & TEAM CONTACTS

## Arnside TC

Silverdale Road, Arnside, Carnforth, Lancashire, , LA5 0DZ

|        |                    |   |
|--------|--------------------|---|
| Mens 3 | <b>[Arnside A]</b> | <b>Tim Farmer</b> telephone number private - log on to website<br>MON 18:30 email address private - log on to website |
| Mens 4 | <b>[Arnside B]</b> | <b>Tim Farmer</b> telephone number private - log on to website<br>MON 18:30 email address private - log on to website |

## Bolton Le Sands TC

Packet Lane, Bolton Le Sands, Carnforth, Lancashire, , LA5 8DW

|         |                            |  |
|---------|----------------------------|--|
| Mens 1  | <b>[Bolton Le Sands A]</b> | <b>Mark Tomlinson</b> telephone number private - log on to website<br>SUN 16:00 email address private - log on to website  |
| Mens 3  | <b>[Bolton le Sands B]</b> | <b>Sam Orchard</b> telephone number private - log on to website<br>SUN 16:00 email address private - log on to website     |
| Mens 4  | <b>[Bolton le Sands C]</b> | <b>Martin Gawith</b> telephone number private - log on to website<br>FRI 18:30 email address private - log on to website   |
| Mixed 2 | <b>[Bolton Le Sands]</b>   | <b>Maureen Forrest</b> telephone number private - log on to website<br>TUE 18:30 email address private - log on to website |

## Bowerham Tennis Club

Barton Road, Lancaster, LA1 4ER

|        |                   |   |
|--------|-------------------|---|
| Mens 3 | <b>[Bowerham]</b> | <b>Matt Nichols</b> telephone number private - log on to website<br>THU 18:30 email address private - log on to website |
|--------|-------------------|---|

## Coniston TC

Coniston Sports and Social Centre, Shepherds Bridge Lane, Coniston, Cumbria, LA21 8AL

|         |                     |  |
|---------|---------------------|--|
| Mens 2  | <b>[Coniston]</b>   | <b>Jeff Atkinson</b> telephone number private - log on to website<br>FRI 18:30 email address private - log on to website<br><b>Peter Helme</b> telephone number private - log on to website<br>email address private - log on to website |
| Mixed 1 | <b>[Coniston A]</b> | <b>Caroline Clutterbuck</b> telephone number private - log on to website<br>WED 18:30 email address private - log on to website  |

## Endmoor TC

Gatebeck Road, Endmoor, Kendal, Cumbria, , LA8 0HL

|        |                  |  |
|--------|------------------|--|
| Mens 2 | <b>[Endmoor]</b> | <b>Mark Woodburn</b> telephone number private - log on to website<br>MON 18:30 email address private - log on to website |
|--------|------------------|--|

## Hawcoat Park TC

Hawcoat Park Sports Centre Hawcoat Lane Barrow in Furness, LA14 4HF

|         |                       |   |
|---------|-----------------------|---|
| Ladies  | <b>[Hawcoat Park]</b> | <b>Judith Silvester</b> telephone number private - log on to website<br>MON 18:30   |
| Mixed 1 | <b>[Hawcoat Park]</b> | <b>Helen Williams</b> telephone number private - log on to website<br>THU 18:30 email address private - log on to website<br><b>Pamela Clarkson</b> |

### Heversham with Milnthorpe TC

*Dallam School, Heversham, Cumbria , LA7 7EH*

|         |                    |  |
|---------|--------------------|--|
| Ladies  | <b>[Heversham]</b> | <b>Nicola Ogden</b> telephone number private - log on to website<br>WED 18:30 email address private - log on to website  |
| Mens 1  | <b>[Heversham]</b> | <b>Mark Fox</b> telephone number private - log on to website<br>WED 18:30 email address private - log on to website  |
| Mixed 1 | <b>[Heversham]</b> | <b>Wendy Christiansen</b> telephone number private - log on to website<br>THU 18:30 email address private - log on to website<br><b>Roger Aubrey</b> telephone number private - log on to website<br>email address private - log on to website |

### Kendal TC

*Appleby Road, Kendal, Cumbria, , LA9 6HF*

|         |                   |  |
|---------|-------------------|--|
| Ladies  | <b>[Kendal]</b>   | <b>Caz Graham</b> telephone number private - log on to website<br>MON 18:30 email address private - log on to website<br><b>Di Reddin</b> telephone number private - log on to website<br>email address private - log on to website                            |
| Mens 2  | <b>[Kendal A]</b> | <b>Graeme Blair</b> telephone number private - log on to website<br>MON 18:30<br><b>Oli Jeffs</b> telephone number private - log on to website   |
| Mens 3  | <b>[Kendal B]</b> | <b>Dave Parry</b> telephone number private - log on to website<br>MON 18:30<br><b>John Blythe</b> telephone number private - log on to website<br>email address private - log on to website  |
| Mens 4  | <b>[Kendal C]</b> | <b>Mark Cottam</b> telephone number private - log on to website<br>WED 18:30 email address private - log on to website<br><b>Mark Rosa</b><br><br><b>John Blythe</b> telephone number private - log on to website<br>email address private - log on to website |
| Mixed 1 | <b>[Kendal A]</b> | <b>Di Reddin</b> telephone number private - log on to website<br>WED 18:30 email address private - log on to website   |
| Mixed 2 | <b>[Kendal B]</b> | <b>Caz Graham</b> telephone number private - log on to website<br>THU 18:30 email address private - log on to website  |

### Kirkby Lonsdale TC

*Queen Elizabeth School, Lunesdale Sports Centre (Astro), Kirkby Lonsdale, Carnforth, Lancashire,, LA6 2HJ*

|         |                   |  |
|---------|-------------------|--|
| Mens 2  | <b>[Kirkby L]</b> | <b>John Lowery</b> telephone number private - log on to website<br>MON 18:30 email address private - log on to website<br><b>Dermot McDaid</b> telephone number private - log on to website<br>email address private - log on to website |
| Mixed 2 | <b>[Kirkby L]</b> | <b>Jo Lowery</b> telephone number private - log on to website<br>WED 18:30 email address private - log on to website   |

### Kirkby Stephen TC

*Kirkby Stephen Grammer School & Sports College, Kirkby Stephen Cumbria , CA17 4HA*

|        |                   |   |
|--------|-------------------|---|
| Mens 1 | <b>[Kirkby S]</b> | <b>Nick Walls</b> telephone number private - log on to website<br>THU 18:30 email address private - log on to website |
|--------|-------------------|---|



### **WanderersTC**

*Priory Road, ULVERSTON, Cumbria, , LA12 9HT*

|        |                      |  |
|--------|----------------------|--|
| Mens 1 | <b>[Wanderers A]</b> | <b>Alex Teckkam</b> telephone number private - log on to website<br>THU 18:30 email address private - log on to website<br><b>Andrew Hodgson</b> telephone number private - log on to website<br>email address private - log on to website |
| Mens 2 | <b>[Wanderers B]</b> | <b>Mike Brown</b> telephone number private - log on to website<br>MON 18:30 email address private - log on to website<br><b>Ben Wilson</b> telephone number private - log on to website<br>email address private - log on to website       |

### **Windermere LTC**

*Queens Park, Between Droomer Drive And Park Road, Windermere, Cumbria,, LA23 2LR*

|         |                     |   |
|---------|---------------------|---|
| Mens 1  | <b>[Windermere]</b> | <b>Mike Harrison</b> telephone number private - log on to website<br>MON 18:30 email address private - log on to website<br><b>Mike Jones</b> telephone number private - log on to website<br>email address private - log on to website     |
| Mixed 1 | <b>[Windermere]</b> | <b>Janette Osliff</b> telephone number private - log on to website<br>THU 18:30 email address private - log on to website<br><b>Mike Harrison</b> telephone number private - log on to website<br>email address private - log on to website |

# MENS FIXTURES

## Mens 1

| Date          | Time  | Home Team         | Away Team         |
|---------------|-------|-------------------|-------------------|
| 25th Apr 2022 | 18:30 | Lancaster A       | Kirkby S          |
| 4th May 2022  | 18:30 | Heversham         | Bolton Le Sands A |
| 5th May 2022  | 18:30 | Wanderers A       | Lancaster A       |
| 14th May 2022 | 16:00 | Slyne A           | Windermere        |
| 15th May 2022 | 16:00 | Bolton Le Sands A | Slyne A           |
| 16th May 2022 | 18:30 | Windermere        | Kirkby S          |
| 23rd May 2022 | 18:30 | Lancaster A       | Bolton Le Sands A |
| 26th May 2022 | 18:30 | Kirkby S          | Heversham         |
| 26th May 2022 | 18:30 | Wanderers A       | Windermere        |
| 28th May 2022 | 16:00 | Slyne A           | Lancaster A       |
| 29th May 2022 | 16:00 | Bolton Le Sands A | Kirkby S          |
| 30th May 2022 | 18:30 | Windermere        | Slyne A           |
| 1st Jun 2022  | 18:30 | Heversham         | Wanderers A       |
| 6th Jun 2022  | 18:30 | Windermere        | Heversham         |
| 9th Jun 2022  | 18:30 | Wanderers A       | Bolton Le Sands A |
| 13th Jun 2022 | 18:30 | Windermere        | Bolton Le Sands A |
| 16th Jun 2022 | 18:30 | Wanderers A       | Slyne A           |
| 16th Jun 2022 | 18:30 | Kirkby S          | Lancaster A       |
| 19th Jun 2022 | 16:00 | Bolton Le Sands A | Heversham         |
| 20th Jun 2022 | 18:30 | Lancaster A       | Wanderers A       |
| 27th Jun 2022 | 18:30 | Windermere        | Lancaster A       |
| 29th Jun 2022 | 18:30 | Heversham         | Slyne A           |
| 30th Jun 2022 | 18:30 | Wanderers A       | Kirkby S          |
| 4th Jul 2022  | 18:30 | Lancaster A       | Heversham         |
| 6th Jul 2022  | 18:30 | Kirkby S          | Slyne A           |
| 7th Jul 2022  | 18:30 | Kirkby S          | Windermere        |
| 11th Jul 2022 | 18:30 | Windermere        | Wanderers A       |
| 13th Jul 2022 | 18:30 | Heversham         | Kirkby S          |
| 17th Jul 2022 | 16:00 | Bolton Le Sands A | Windermere        |
| 18th Jul 2022 | 18:30 | Lancaster A       | Slyne A           |
| 21st Jul 2022 | 18:30 | Wanderers A       | Heversham         |
| 23rd Jul 2022 | 16:00 | Slyne A           | Kirkby S          |
| 25th Jul 2022 | 18:30 | Lancaster A       | Windermere        |
| 27th Jul 2022 | 18:30 | Heversham         | Windermere        |
| 28th Jul 2022 | 18:30 | Kirkby S          | Wanderers A       |
| 31st Jul 2022 | 16:30 | Slyne A           | Bolton Le Sands A |
| 2nd Aug 2022  | 18:30 | Slyne A           | Wanderers A       |
| 4th Aug 2022  | 18:30 | Kirkby S          | Bolton Le Sands A |
| 6th Aug 2022  | 16:00 | Slyne A           | Heversham         |
| 10th Aug 2022 | 18:30 | Heversham         | Lancaster A       |
| 21st Aug 2022 | 16:00 | Bolton Le Sands A | Lancaster A       |
| 24th Aug 2022 | 18:30 | Bolton Le Sands A | Wanderers A       |

## Mens 2

| Date | Time | Home Team | Away Team |
|------|------|-----------|-----------|
|------|------|-----------|-----------|



| Date |     |      | Time  | Home Team     |   | Away Team     |
|------|-----|------|-------|---------------|---|---------------|
| 25th | Apr | 2022 | 18:30 | Kendal A      | v | North Lons. A |
| 25th | Apr | 2022 | 18:30 | Endmoor       | v | Kirkby L      |
| 29th | Apr | 2022 | 18:30 | Lunesdale A   | v | North Lons. A |
| 29th | Apr | 2022 | 18:30 | Coniston      | v | Wanderers B   |
| 5th  | May | 2022 | 18:30 | Lunesdale A   | v | Coniston      |
| 5th  | May | 2022 | 18:30 | North Lons. A | v | Endmoor       |
| 9th  | May | 2022 | 18:30 | Kirkby L      | v | North Lons. A |
| 16th | May | 2022 | 18:30 | Wanderers B   | v | Kirkby L      |
| 19th | May | 2022 | 18:30 | Lunesdale A   | v | Endmoor       |
| 20th | May | 2022 | 18:30 | Coniston      | v | Kendal A      |
| 23rd | May | 2022 | 18:30 | Kirkby L      | v | Lunesdale A   |
| 26th | May | 2022 | 18:30 | North Lons. A | v | Wanderers B   |
| 30th | May | 2022 | 18:30 | Kirkby L      | v | Coniston      |
| 30th | May | 2022 | 18:30 | Kendal A      | v | Endmoor       |
| 6th  | Jun | 2022 | 18:30 | Kirkby L      | v | Kendal A      |
| 6th  | Jun | 2022 | 18:30 | Wanderers B   | v | Lunesdale A   |
| 9th  | Jun | 2022 | 18:30 | North Lons. A | v | Coniston      |
| 13th | Jun | 2022 | 18:30 | Kirkby L      | v | Endmoor       |
| 13th | Jun | 2022 | 18:30 | Wanderers B   | v | Coniston      |
| 16th | Jun | 2022 | 18:30 | North Lons. A | v | Kendal A      |
| 20th | Jun | 2022 | 18:30 | Endmoor       | v | North Lons. A |
| 24th | Jun | 2022 | 18:30 | Coniston      | v | Lunesdale A   |
| 27th | Jun | 2022 | 18:30 | Wanderers B   | v | Endmoor       |
| 30th | Jun | 2022 | 18:30 | North Lons. A | v | Kirkby L      |
| 30th | Jun | 2022 | 18:30 | Lunesdale A   | v | Kendal A      |
| 4th  | Jul | 2022 | 18:30 | Endmoor       | v | Lunesdale A   |
| 4th  | Jul | 2022 | 18:30 | Kendal A      | v | Coniston      |
| 4th  | Jul | 2022 | 18:30 | Kirkby L      | v | Wanderers B   |
| 8th  | Jul | 2022 | 18:30 | Lunesdale A   | v | Wanderers B   |
| 11th | Jul | 2022 | 18:30 | Wanderers B   | v | North Lons. A |
| 11th | Jul | 2022 | 18:30 | Endmoor       | v | Coniston      |
| 14th | Jul | 2022 | 18:30 | Lunesdale A   | v | Kirkby L      |
| 18th | Jul | 2022 | 18:30 | Endmoor       | v | Kendal A      |
| 21st | Jul | 2022 | 18:30 | North Lons. A | v | Lunesdale A   |
| 22nd | Jul | 2022 | 18:30 | Coniston      | v | Endmoor       |
| 25th | Jul | 2022 | 18:30 | Kendal A      | v | Kirkby L      |
| 25th | Jul | 2022 | 18:30 | Endmoor       | v | Wanderers B   |
| 26th | Jul | 2022 | 18:30 | Wanderers B   | v | Kendal A      |
| 29th | Jul | 2022 | 18:30 | Coniston      | v | North Lons. A |
| 1st  | Aug | 2022 | 18:30 | Kendal A      | v | Wanderers B   |
| 2nd  | Aug | 2022 | 18:30 | Coniston      | v | Kirkby L      |
| 8th  | Aug | 2022 | 18:30 | Kendal A      | v | Lunesdale A   |

**Mens 3**

| Date |     |      | Time  | Home Team     |   | Away Team         |
|------|-----|------|-------|---------------|---|-------------------|
| 25th | Apr | 2022 | 18:30 | North Lons. B | v | Slyne B           |
| 25th | Apr | 2022 | 18:30 | Arnsdale A    | v | Bolton le Sands B |
| 28th | Apr | 2022 | 18:30 | Bowerham      | v | Kendal B          |

**Mens 3 continued...**

| Date |     |      | Time  | Home Team         |   | Away Team         |
|------|-----|------|-------|-------------------|---|-------------------|
| 2nd  | May | 2022 | 18:30 | Kendal B          | v | North Lons. B     |
| 3rd  | May | 2022 | 18:30 | Lancaster B       | v | Bowerham          |
| 8th  | May | 2022 | 16:00 | Bolton le Sands B | v | Slyne B           |
| 19th | May | 2022 | 18:30 | Bowerham          | v | North Lons. B     |
| 21st | May | 2022 | 16:00 | Slyne B           | v | Kendal B          |
| 22nd | May | 2022 | 16:00 | Bolton le Sands B | v | Lancaster B       |
| 23rd | May | 2022 | 18:30 | North Lons. B     | v | Lancaster B       |
| 23rd | May | 2022 | 18:30 | Arnside A         | v | Bowerham          |
| 30th | May | 2022 | 18:30 | North Lons. B     | v | Arnside A         |
| 31st | May | 2022 | 18:30 | Lancaster B       | v | Slyne B           |
| 5th  | Jun | 2022 | 16:00 | Bolton le Sands B | v | North Lons. B     |
| 6th  | Jun | 2022 | 18:30 | Kendal B          | v | Lancaster B       |
| 11th | Jun | 2022 | 16:00 | Slyne B           | v | North Lons. B     |
| 12th | Jun | 2022 | 16:00 | Bolton le Sands B | v | Arnside A         |
| 13th | Jun | 2022 | 18:30 | Kendal B          | v | Bowerham          |
| 16th | Jun | 2022 | 18:30 | Bowerham          | v | Bolton le Sands B |
| 20th | Jun | 2022 | 18:30 | Arnside A         | v | Slyne B           |
| 20th | Jun | 2022 | 18:30 | North Lons. B     | v | Kendal B          |
| 25th | Jun | 2022 | 16:00 | Slyne B           | v | Bolton le Sands B |
| 27th | Jun | 2022 | 18:30 | Kendal B          | v | Arnside A         |
| 28th | Jun | 2022 | 18:30 | Lancaster B       | v | North Lons. B     |
| 3rd  | Jul | 2022 | 16:00 | Bolton le Sands B | v | Kendal B          |
| 4th  | Jul | 2022 | 18:30 | North Lons. B     | v | Bowerham          |
| 4th  | Jul | 2022 | 18:30 | Arnside A         | v | Lancaster B       |
| 11th | Jul | 2022 | 18:30 | Kendal B          | v | Slyne B           |
| 12th | Jul | 2022 | 18:30 | Lancaster B       | v | Bolton le Sands B |
| 14th | Jul | 2022 | 18:30 | Bowerham          | v | Arnside A         |
| 18th | Jul | 2022 | 18:30 | Kendal B          | v | Bolton le Sands B |
| 25th | Jul | 2022 | 18:30 | North Lons. B     | v | Bolton le Sands B |
| 26th | Jul | 2022 | 18:30 | Lancaster B       | v | Kendal B          |
| 28th | Jul | 2022 | 18:30 | Bowerham          | v | Slyne B           |
| 4th  | Aug | 2022 | 18:30 | Slyne B           | v | Bowerham          |
| 4th  | Aug | 2022 | 18:30 | Lancaster B       | v | Arnside A         |
| 7th  | Aug | 2022 | 16:00 | Bolton le Sands B | v | Bowerham          |
| 9th  | Aug | 2022 | 18:30 | Bowerham          | v | Lancaster B       |
| 11th | Aug | 2022 | 18:30 | Slyne B           | v | Arnside A         |
| 18th | Aug | 2022 | 18:30 | Arnside A         | v | North Lons. B     |
| 20th | Aug | 2022 | 16:00 | Slyne B           | v | Lancaster B       |
| 22nd | Aug | 2022 | 18:30 | Arnside A         | v | Kendal B          |

**Mens 4**

| Date |     |      | Time  | Home Team         |   | Away Team         |
|------|-----|------|-------|-------------------|---|-------------------|
| 27th | Apr | 2022 | 18:30 | Kendal C          | v | Arnside B         |
| 28th | Apr | 2022 | 18:30 | Lunesdale B       | v | Lunesdale C       |
| 29th | Apr | 2022 | 18:30 | Bolton le Sands C | v | Slyne C           |
| 2nd  | May | 2022 | 18:30 | Arnside B         | v | Lunesdale C       |
| 4th  | May | 2022 | 18:30 | Kendal C          | v | Bolton le Sands C |
| 12th | May | 2022 | 18:30 | Lunesdale B       | v | Kendal C          |

**Mens 4 continued...**

| Date |     |      | Time  | Home Team         |   | Away Team         |
|------|-----|------|-------|-------------------|---|-------------------|
| 13th | May | 2022 | 18:30 | Bolton le Sands C | v | Arnside B         |
| 13th | May | 2022 | 18:30 | Lunesdale C       | v | Slyne C           |
| 16th | May | 2022 | 18:30 | Arnside B         | v | Slyne C           |
| 18th | May | 2022 | 18:30 | Kendal C          | v | Lunesdale C       |
| 26th | May | 2022 | 18:30 | Lunesdale B       | v | Arnside B         |
| 27th | May | 2022 | 18:30 | Slyne C           | v | Kendal C          |
| 30th | May | 2022 | 18:30 | Arnside B         | v | Kendal C          |
| 3rd  | Jun | 2022 | 18:30 | Slyne C           | v | Bolton le Sands C |
| 9th  | Jun | 2022 | 18:30 | Lunesdale B       | v | Slyne C           |
| 10th | Jun | 2022 | 18:30 | Bolton le Sands C | v | Kendal C          |
| 13th | Jun | 2022 | 18:30 | Arnside B         | v | Bolton le Sands C |
| 15th | Jun | 2022 | 18:30 | Kendal C          | v | Lunesdale B       |
| 17th | Jun | 2022 | 18:30 | Slyne C           | v | Lunesdale C       |
| 21st | Jun | 2022 | 18:30 | Lunesdale C       | v | Arnside B         |
| 24th | Jun | 2022 | 18:30 | Slyne C           | v | Arnside B         |
| 27th | Jun | 2022 | 18:30 | Arnside B         | v | Lunesdale B       |
| 29th | Jun | 2022 | 18:30 | Kendal C          | v | Slyne C           |
| 30th | Jun | 2022 | 18:30 | Lunesdale C       | v | Lunesdale B       |
| 1st  | Jul | 2022 | 18:30 | Bolton le Sands C | v | Lunesdale C       |
| 7th  | Jul | 2022 | 18:30 | Slyne C           | v | Lunesdale B       |
| 18th | Jul | 2022 | 18:30 | Lunesdale C       | v | Kendal C          |
| 26th | Jul | 2022 | 18:30 | Lunesdale C       | v | Bolton le Sands C |
| 17th | Aug | 2022 | 18:30 | Bolton le Sands C | v | Lunesdale B       |
| 30th | Aug | 2022 | 18:30 | Lunesdale B       | v | Bolton le Sands C |

# LADIES FIXTURES

## Ladies

| Date |     |      | Time  | Home Team    |   | Away Team    |
|------|-----|------|-------|--------------|---|--------------|
| 4th  | May | 2022 | 18:30 | North Lons.  | v | Kendal       |
| 11th | May | 2022 | 18:30 | Heversham    | v | North Lons.  |
| 23rd | May | 2022 | 18:30 | Hawcoat Park | v | Kendal       |
| 25th | May | 2022 | 18:30 | Heversham    | v | Lancaster    |
| 30th | May | 2022 | 18:30 | Lancaster    | v | North Lons.  |
| 6th  | Jun | 2022 | 18:30 | Hawcoat Park | v | Lancaster    |
| 6th  | Jun | 2022 | 18:30 | Kendal       | v | North Lons.  |
| 13th | Jun | 2022 | 18:30 | Lancaster    | v | Kendal       |
| 15th | Jun | 2022 | 18:30 | North Lons.  | v | Heversham    |
| 20th | Jun | 2022 | 18:30 | Hawcoat Park | v | North Lons.  |
| 27th | Jun | 2022 | 18:30 | Lancaster    | v | Heversham    |
| 27th | Jun | 2022 | 18:30 | Kendal       | v | Hawcoat Park |
| 6th  | Jul | 2022 | 18:30 | Heversham    | v | Hawcoat Park |
| 7th  | Jul | 2022 | 18:30 | North Lons.  | v | Lancaster    |
| 11th | Jul | 2022 | 18:30 | Lancaster    | v | Hawcoat Park |
| 18th | Jul | 2022 | 18:30 | Kendal       | v | Lancaster    |
| 26th | Jul | 2022 | 18:30 | Hawcoat Park | v | Heversham    |
| 27th | Jul | 2022 | 18:30 | Kendal       | v | Heversham    |
| 1st  | Aug | 2022 | 18:30 | Heversham    | v | Kendal       |
| 8th  | Aug | 2022 | 18:30 | North Lons.  | v | Hawcoat Park |

# MIXED FIXTURES

## Mixed 1

| Date |     |      | Time  | Home Team    |   | Away Team    |
|------|-----|------|-------|--------------|---|--------------|
| 25th | Apr | 2022 | 18:30 | Slyne A      | v | Kendal A     |
| 27th | Apr | 2022 | 18:30 | Coniston A   | v | Windermere   |
| 27th | Apr | 2022 | 18:30 | Hawcoat Park | v | Kirkby S     |
| 3rd  | May | 2022 | 18:30 | Coniston A   | v | Hawcoat Park |
| 4th  | May | 2022 | 18:30 | Kirkby S     | v | Slyne A      |
| 5th  | May | 2022 | 18:30 | Windermere   | v | Hawcoat Park |
| 11th | May | 2022 | 18:30 | Kendal A     | v | Kirkby S     |
| 12th | May | 2022 | 18:30 | Heversham    | v | Hawcoat Park |
| 19th | May | 2022 | 18:30 | Kirkby S     | v | Hawcoat Park |
| 19th | May | 2022 | 18:30 | Windermere   | v | Kendal A     |
| 19th | May | 2022 | 18:30 | Heversham    | v | Slyne A      |
| 23rd | May | 2022 | 18:30 | Slyne A      | v | Coniston A   |
| 25th | May | 2022 | 18:30 | Kirkby S     | v | Windermere   |
| 2nd  | Jun | 2022 | 18:30 | Hawcoat Park | v | Slyne A      |
| 8th  | Jun | 2022 | 18:30 | Kirkby S     | v | Coniston A   |
| 8th  | Jun | 2022 | 18:30 | Kendal A     | v | Hawcoat Park |
| 15th | Jun | 2022 | 18:30 | Kendal A     | v | Slyne A      |
| 16th | Jun | 2022 | 18:30 | Windermere   | v | Coniston A   |
| 20th | Jun | 2022 | 18:30 | Slyne A      | v | Kirkby S     |
| 22nd | Jun | 2022 | 18:30 | Coniston A   | v | Heversham    |
| 23rd | Jun | 2022 | 18:30 | Kendal A     | v | Heversham    |
| 23rd | Jun | 2022 | 18:30 | Hawcoat Park | v | Windermere   |
| 30th | Jun | 2022 | 18:30 | Windermere   | v | Slyne A      |
| 30th | Jun | 2022 | 18:30 | Hawcoat Park | v | Heversham    |
| 6th  | Jul | 2022 | 18:30 | Kendal A     | v | Windermere   |
| 7th  | Jul | 2022 | 18:30 | Hawcoat Park | v | Coniston A   |
| 13th | Jul | 2022 | 18:30 | Coniston A   | v | Slyne A      |
| 14th | Jul | 2022 | 18:30 | Heversham    | v | Kendal A     |
| 14th | Jul | 2022 | 18:30 | Windermere   | v | Kirkby S     |
| 18th | Jul | 2022 | 18:30 | Slyne A      | v | Hawcoat Park |
| 20th | Jul | 2022 | 18:30 | Kirkby S     | v | Heversham    |
| 20th | Jul | 2022 | 18:30 | Kendal A     | v | Coniston A   |
| 25th | Jul | 2022 | 18:30 | Slyne A      | v | Heversham    |
| 27th | Jul | 2022 | 18:30 | Coniston A   | v | Kirkby S     |
| 28th | Jul | 2022 | 18:30 | Heversham    | v | Windermere   |
| 1st  | Aug | 2022 | 18:30 | Slyne A      | v | Windermere   |
| 3rd  | Aug | 2022 | 18:30 | Kirkby S     | v | Kendal A     |
| 4th  | Aug | 2022 | 18:30 | Heversham    | v | Coniston A   |
| 5th  | Aug | 2022 | 18:30 | Coniston A   | v | Kendal A     |
| 8th  | Aug | 2022 | 18:30 | Windermere   | v | Heversham    |
| 11th | Aug | 2022 | 18:30 | Heversham    | v | Kirkby S     |
| 16th | Aug | 2022 | 18:30 | Hawcoat Park | v | Kendal A     |

## Mixed 2

| Date |  |  | Time | Home Team |  | Away Team |
|------|--|--|------|-----------|--|-----------|
|------|--|--|------|-----------|--|-----------|

| Date |     |      | Time  | Home Team       |   | Away Team       |
|------|-----|------|-------|-----------------|---|-----------------|
| 26th | Apr | 2022 | 18:30 | Lancaster       | v | North Lons.     |
| 27th | Apr | 2022 | 18:30 | Kirkby L        | v | Bolton Le Sands |
| 28th | Apr | 2022 | 18:30 | Kendal B        | v | Slyne B         |
| 2nd  | May | 2022 | 18:30 | Slyne B         | v | North Lons.     |
| 3rd  | May | 2022 | 18:30 | Bolton Le Sands | v | Lancaster       |
| 5th  | May | 2022 | 18:30 | Kendal B        | v | Kirkby L        |
| 10th | May | 2022 | 18:30 | Lancaster       | v | Kendal B        |
| 11th | May | 2022 | 18:30 | Kirkby L        | v | Slyne B         |
| 12th | May | 2022 | 18:30 | North Lons.     | v | Bolton Le Sands |
| 18th | May | 2022 | 18:30 | Kirkby L        | v | Lancaster       |
| 19th | May | 2022 | 18:30 | Kendal B        | v | North Lons.     |
| 24th | May | 2022 | 18:30 | Lancaster       | v | Slyne B         |
| 25th | May | 2022 | 18:30 | North Lons.     | v | Kirkby L        |
| 30th | May | 2022 | 18:30 | Slyne B         | v | Kendal B        |
| 31st | May | 2022 | 18:30 | Bolton Le Sands | v | Kirkby L        |
| 1st  | Jun | 2022 | 18:30 | North Lons.     | v | Lancaster       |
| 7th  | Jun | 2022 | 18:30 | Lancaster       | v | Bolton Le Sands |
| 8th  | Jun | 2022 | 18:30 | North Lons.     | v | Slyne B         |
| 8th  | Jun | 2022 | 18:30 | Kirkby L        | v | Kendal B        |
| 13th | Jun | 2022 | 18:30 | Slyne B         | v | Kirkby L        |
| 16th | Jun | 2022 | 18:30 | Kendal B        | v | Lancaster       |
| 16th | Jun | 2022 | 18:30 | Slyne B         | v | Bolton Le Sands |
| 21st | Jun | 2022 | 18:30 | Lancaster       | v | Kirkby L        |
| 22nd | Jun | 2022 | 18:30 | North Lons.     | v | Kendal B        |
| 27th | Jun | 2022 | 18:30 | Slyne B         | v | Lancaster       |
| 29th | Jun | 2022 | 18:30 | Kirkby L        | v | North Lons.     |
| 30th | Jun | 2022 | 18:30 | Kendal B        | v | Bolton Le Sands |
| 5th  | Jul | 2022 | 18:30 | Bolton Le Sands | v | North Lons.     |
| 12th | Jul | 2022 | 18:30 | Bolton Le Sands | v | Kendal B        |
| 15th | Jul | 2022 | 18:30 | Bolton Le Sands | v | Slyne B         |