



# KENDAL & DISTRICT TENNIS LEAGUE

## **SUMMER 2019 SEASON OFFICIAL HANDBOOK**

Fixtures and Results available online @  
[www.kendal.tennis-league.org](http://www.kendal.tennis-league.org)

# FIXTURE LIST NOTES 2019

For information on rearrangements, abandoned matches, entering results etc., see the How To tabs on the KL website Home page. Match Secs and Team Captains only, after logging on.

## TEAM NAMES

First team is now Team A, second Team is Team B and Third Team is Team C

## CLUB COURT INFORMATION

For maps and directions to away clubs and courts see KL website - Summer 2019/Locations tab.

### Coniston

Mixed play at West Mount Tennis and Bowling Club, West Mount, Barrow-In-Furness, LA14 5LQ

Men play at Coniston Sports & Social Club Shepherds Bridge Lane, LA21 8AL

### Kirkby Lonsdale

Play at new indoor centre at Queen Elizabeth School (QES), Kirkby Lonsdale, Kirkby Lonsdale, LA6 2HJ

### North Lonsdale

Visiting teams are kindly requested to wear tennis shoes with non-marking soles on the new artificial grass surface, if at all possible.

### Wanderers

Play at Ulverston Racquets Centre. They have the use of indoor courts if they are available on the day, so there is a possibility that matches can still be played if the weather is bad.

### Windermere

Mixed play at The Glebe, Bowness

Men play at Windermere Club, Queens Park

## PLAYING FOR DIFFERENT CLUBS

A reminder of Rule 7 No player may play for 2 different clubs in any one section of the league, irrespective of division. Contravention of this rule will result in forfeiture of the match. However, a player may play for one club in the Men's or Ladies' league and a different one in the Mixed.

## MIXED MATCHES WHEN ONLY 2 COURTS ARE AVAILABLE

The following order of play is recommended for matches.

3 Courts Court 1 Court 2 Court 3

Round 1 1 v 1 2 v 3 3 v 2

Round 2 1 v 2 2 v 1 3 v 3

2 Courts Court 1 Court 2

Round 1 1 v 1 3 v 3

Round 2 2 v 1 3 v 2

Round 3 1 v 2 2 v 3

## STARRED PLAYERS

Clubs with more than 1 team in any section must send a list of starred players to the Fixture and Results Secretary (Graham Honeybone) by April 19th 2019

The online system will monitor the Starred Players and Graham will receive an email if any contravention of the rules has taken place. Please notify him by email, (NOT the League Secretary) of any changes to your Starred Players.

## CLUB CONTACTS

### Arnside TC

#### **Tim Farmer**

telephone number private - log on to website

email address private - log on to website

#### **Alex Rocke**

telephone number private - log on to website

### Austwick Lawn Tennis Club

#### **Mike Smith**

telephone number private - log on to website

email address private - log on to website

### Bolton Le Sands TC

#### **Gordon Rutter**

telephone number private - log on to website

email address private - log on to website

### Bowerham Tennis Club

#### **Helci Szulc**

email address private - log on to website

### Coniston TC

#### **David Jackson**

telephone number private - log on to website

email address private - log on to website

#### **Caroline Clutterbuck**

telephone number private - log on to website

email address private - log on to website

### Dalton TC

#### **Helen Williams**

telephone number private - log on to website

email address private - log on to website

#### **Paul Stubbs**

telephone number private - log on to website

email address private - log on to website

### Endmoor TC

#### **Mark Woodburn**

telephone number private - log on to website

email address private - log on to website

#### **Peter Rushton**

telephone number private - log on to website

email address private - log on to website

### Heversham with Milnthorpe TC

#### **Mark Fox**

telephone number private - log on to website

email address private - log on to website

#### **Graham Honeybone**

telephone number private - log on to website

email address private - log on to website

**Kendal TC**

**Dave Parry (Kendal)**

telephone number private - log on to website

email address private - log on to website

**Caz Graham**

telephone number private - log on to website

email address private - log on to website

**Kirkby Lonsdale TC**

**John Lowery**

telephone number private - log on to website

email address private - log on to website

**Jo Lowery**

telephone number private - log on to website

email address private - log on to website

**Dermot McDaid**

telephone number private - log on to website

email address private - log on to website

**Kirkby Stephen TC**

**Nick Walls**

telephone number private - log on to website

email address private - log on to website

**Lancaster Tennis Club**

**Susan Lucas**

email address private - log on to website

**Sandra Eccles**

telephone number private - log on to website

**Lunesdale LTC**

**John Braithwaite**

telephone number private - log on to website

email address private - log on to website

**North Lonsdale TC**

**Tom Fraser**

telephone number private - log on to website

email address private - log on to website

**Geoff Birch**

telephone number private - log on to website

email address private - log on to website

**Sedbergh TC**

**Ysobel Sugden**

telephone number private - log on to website

email address private - log on to website

**Slyne-with-Hest TC**

**Paul Casson**

telephone number private - log on to website

email address private - log on to website

**WanderersTC**

**Mike Brown**

telephone number private - log on to website

email address private - log on to website

**Andrew Hodgson**

telephone number private - log on to website

email address private - log on to website

**Windermere LTC**

**Mike Jones**

telephone number private - log on to website

email address private - log on to website

# CLUB ADDRESS & TEAM CONTACTS

## Arnside TC

Silverdale Road, Arnside, Carnforth, Lancashire, , LA5 0DZ

Mens 3                   **[Arnside]**                   **Tim Farmer** telephone number private - log on to website  
MON 18:30 email address private - log on to website

## Austwick Lawn Tennis Club

Austwick, LA2 8BB

Mens 3                   **[Austwick]**                   **Mike Smith** telephone number private - log on to website  
MON 18:30 email address private - log on to website

## Bolton Le Sands TC

Packet Lane, Bolton Le Sands, Carnforth, Lancashire, , LA5 8DW

Mens 1                   **[Bolton Le Sands A]** **Chris Kempster** telephone number private - log on to website  
SUN 16:00 email address private - log on to website  
Mens 3                   **[Bolton le Sands B]** **Gordon Rutter** telephone number private - log on to website  
SUN 16:00 email address private - log on to website  
Mixed 2               **[Bolton Le Sands]** **Gordon Rutter** telephone number private - log on to website  
TUE 18:30 email address private - log on to website

## Bowerham Tennis Club

Barton Road, Lancaster, LA1 4ER

Ladies 1               **[Bowerham]**               **Sally Ferguson** telephone number private - log on to website  
TUE 18:30 email address private - log on to website  
Mens 3                   **[Bowerham]**                   **Not known** telephone number private - log on to website  
THU 18:30 email address private - log on to website

## Coniston TC

Coniston Sports and Social Centre, Shepherds Bridge Lane, Coniston, Cumbria, LA21 8AL

Mens 1                   **[Coniston]**                   **Jeff Atkinson** telephone number private - log on to website  
MON 18:30 email address private - log on to website  
**Peter Helme** telephone number private - log on to website  
email address private - log on to website  
Mixed 1               **[Coniston]**               **Caroline Clutterbuck** telephone number private - log on to website  
MON 18:30 email address private - log on to website  
**David Jackson** telephone number private - log on to website  
email address private - log on to website

## Dalton TC

Hawcoat Park Sports Centre Hawcoat Lane Barrow in Furness, LA14 4HF

Mixed 1               **[Dalton]**                   **Helen Williams** telephone number private - log on to website  
THU 18:30 email address private - log on to website

## Endmoor TC

Gatebeck Road, Endmoor, Kendal, Cumbria, , LA8 0HL

Mens 2                   **[Endmoor]**                   **Mark Woodburn** telephone number private - log on to website  
MON 18:30 email address private - log on to website

### Heversham with Milnthorpe TC

*Dallam School, Heversham, Cumbria , LA7 7EH*

Ladies 1	<b>[Heversham]</b>	<b>Chris Tomlinson</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mens 1	<b>[Heversham A]</b>	<b>Mark Fox</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mens 2	<b>[Heversham B]</b>	<b>Royden Davies</b> telephone number private - log on to website WED 18:30 email address private - log on to website
Mixed 1	<b>[Heversham]</b>	<b>Wendy Christiansen</b> telephone number private - log on to website THU 18:30 email address private - log on to website <b>Roger Aubrey</b> telephone number private - log on to website email address private - log on to website

### Kendal TC

*Appleby Road, Kendal, Cumbria, , LA9 6HF*

Ladies 1	<b>[Kendal]</b>	<b>Caz Graham</b> telephone number private - log on to website MON 18:30 email address private - log on to website <b>Di Reddin</b> telephone number private - log on to website email address private - log on to website
Mens 2	<b>[Kendal A]</b>	<b>Dave Parry (Kendal)</b> telephone number private - log on to website MON 18:30 email address private - log on to website <b>Peter Kelly</b>
Mens 3	<b>[Kendal B]</b>	<b>John Kirby</b> telephone number private - log on to website MON 18:30 email address private - log on to website <b>Chris Sadler</b> telephone number private - log on to website email address private - log on to website
Mixed 1	<b>[Kendal A]</b>	<b>Di Reddin</b> telephone number private - log on to website WED 18:30 email address private - log on to website
Mixed 2	<b>[Kendal B]</b>	<b>Caz Graham</b> telephone number private - log on to website THU 18:30 email address private - log on to website

### Kirkby Lonsdale TC

*Queen Elizabeth School, Indoor Centre, Kirkby Lonsdale, Carnforth, Lancashire,, LA6 2HJ*

Mens 2	<b>[Kirkby L]</b>	<b>John Lowery</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mixed 2	<b>[Kirkby L]</b>	<b>Jo Lowery</b> telephone number private - log on to website WED 18:30 email address private - log on to website

### Kirkby Stephen TC

*Kirkby Stephen Grammar School & Sports College, Kirkby Stephen Cumbria , CA17 4HA*

Mens 1	<b>[Kirkby S]</b>	<b>Nick Walls</b> telephone number private - log on to website THU 18:30 email address private - log on to website
Mixed 1	<b>[Kirkby S]</b>	<b>Nick Walls</b> telephone number private - log on to website WED 18:30 email address private - log on to website

### Lancaster Tennis Club

*Lune Road, Lancaster, LA1 5QU*



**Lancaster Tennis Club - continued**

Ladies 1	<b>[Lancaster]</b>	<b>Elena Cartledge</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mens 1	<b>[Lancaster A]</b>	<b>Ant Forrest</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mens 3	<b>[Lancaster B]</b>	<b>Steve Garland</b> telephone number private - log on to website THU 18:30 email address private - log on to website

**Lunesdale LTC**

*Ball Lane, Caton, Lancashire, , LA2 9QN*

Mens 2	<b>[Lunesdale A]</b>	<b>David Marle</b> telephone number private - log on to website THU 18:30 email address private - log on to website
Mens 3	<b>[Lunesdale B]</b>	<b>Tom Greenwood</b> telephone number private - log on to website THU 18:30 email address private - log on to website

**North Lonsdale TC**

*Yew Tree Playing Fields, Grange-Over-Sands,, LA11 7AA*

Ladies 1	<b>[North Lons.]</b>	<b>Ann Morris</b> telephone number private - log on to website WED 18:30 email address private - log on to website
Mens 2	<b>[North Lons. A]</b>	<b>John Bell</b> telephone number private - log on to website THU 18:30 email address private - log on to website
Mens 3	<b>[North Lons. B]</b>	<b>Dylan George</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mixed 2	<b>[North Lons.]</b>	<b>David Rees</b> telephone number private - log on to website WED 18:30 email address private - log on to website <b>Joanne Read</b> telephone number private - log on to website email address private - log on to website

**Sedbergh TC**

*Guldrey Lane, Sedbergh, Cumbria, , LA10 5DE*

Mixed 2	<b>[Sedbergh]</b>	<b>Ysobel Sugden</b> telephone number private - log on to website WED 18:30 email address private - log on to website
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**Slyne-with-Hest TC**

*Hanging Green Lane Hest Bank, Lancaster, Lancashire,, LA2 6JB*

Ladies 1	<b>[Slyne]</b>	<b>Annabelle Cartmell</b> telephone number private - log on to website THU 18:30 email address private - log on to website
Mens 1	<b>[Slyne A]</b>	<b>Alex Hewitt</b> telephone number private - log on to website SAT 16:00 email address private - log on to website
Mens 2	<b>[Slyne B]</b>	<b>Martin Wakelin</b> telephone number private - log on to website SAT 16:00 email address private - log on to website
Mens 3	<b>[Slyne C]</b>	<b>Jim Harmer</b> telephone number private - log on to website SUN 16:00 email address private - log on to website
Mixed 1	<b>[Slyne]</b>	<b>Nick Higham</b> TUE 18:30 email address private - log on to website <b>Annabelle Cartmell</b> telephone number private - log on to website email address private - log on to website
Mixed 2	<b>[Slyne B]</b>	<b>David Bird</b> telephone number private - log on to website MON 18:30 email address private - log on to website

**WanderersTC**

*Priory Road, ULVERSTON, Cumbria, , LA12 9HT*

Mens 1	<b>[Wanderers A]</b>	<b>Andrew Hodgson</b> telephone number private - log on to website THU 18:30 email address private - log on to website <b>Chris Featley</b> telephone number private - log on to website email address private - log on to website
Mens 2	<b>[Wanderers B]</b>	<b>Mike Brown</b> telephone number private - log on to website MON 18:30 email address private - log on to website <b>Mike Brown</b> telephone number private - log on to website email address private - log on to website <b>Paul Baker</b> telephone number private - log on to website email address private - log on to website

**Windermere LTC**

*Queens Park, Between Droomer Drive And Park Road, Windermere, Cumbria,, LA23 2LR*

Mens 1	<b>[Windermere]</b>	<b>Mike Jones</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mixed 2	<b>[Windermere]</b>	<b>Janette Osliff</b> telephone number private - log on to website THU 18:30 email address private - log on to website <b>Maureen Galloway</b> telephone number private - log on to website

# MENS FIXTURES

## Mens 1

Date		Time	Home Team		Away Team
29th	Apr 2019	18:30	Coniston	v	Windermere
29th	Apr 2019	18:30	Lancaster A	v	Bolton Le Sands A
2nd	May 2019	18:30	Wanderers A	v	Slyne A
5th	May 2019	16:00	Bolton Le Sands A	v	Slyne A
11th	May 2019	16:00	Slyne A	v	Windermere
13th	May 2019	18:30	Heversham A	v	Bolton Le Sands A
18th	May 2019	16:00	Slyne A	v	Heversham A
19th	May 2019	16:00	Bolton Le Sands A	v	Coniston
20th	May 2019	18:30	Windermere	v	Wanderers A
20th	May 2019	18:30	Lancaster A	v	Kirkby S
22nd	May 2019	18:30	Kirkby S	v	Heversham A
23rd	May 2019	18:30	Kirkby S	v	Wanderers A
27th	May 2019	18:30	Heversham A	v	Windermere
27th	May 2019	18:30	Coniston	v	Slyne A
30th	May 2019	18:30	Kirkby S	v	Bolton Le Sands A
30th	May 2019	18:30	Wanderers A	v	Lancaster A
1st	Jun 2019	16:00	Slyne A	v	Kirkby S
2nd	Jun 2019	16:00	Bolton Le Sands A	v	Wanderers A
3rd	Jun 2019	18:30	Windermere	v	Lancaster A
3rd	Jun 2019	18:30	Heversham A	v	Coniston
6th	Jun 2019	18:30	Wanderers A	v	Kirkby S
8th	Jun 2019	16:00	Slyne A	v	Lancaster A
9th	Jun 2019	16:00	Bolton Le Sands A	v	Windermere
10th	Jun 2019	18:30	Heversham A	v	Wanderers A
10th	Jun 2019	18:30	Coniston	v	Kirkby S
13th	Jun 2019	18:30	Windermere	v	Kirkby S
17th	Jun 2019	18:30	Lancaster A	v	Slyne A
20th	Jun 2019	18:30	Kirkby S	v	Coniston
20th	Jun 2019	18:30	Windermere	v	Bolton Le Sands A
22nd	Jun 2019	16:00	Slyne A	v	Bolton Le Sands A
24th	Jun 2019	18:30	Coniston	v	Wanderers A
24th	Jun 2019	18:30	Heversham A	v	Lancaster A
27th	Jun 2019	18:30	Kirkby S	v	Windermere
30th	Jun 2019	16:00	Bolton Le Sands A	v	Heversham A
1st	Jul 2019	18:30	Windermere	v	Slyne A
1st	Jul 2019	18:30	Lancaster A	v	Coniston
8th	Jul 2019	18:30	Coniston	v	Bolton Le Sands A
8th	Jul 2019	18:30	Heversham A	v	Slyne A
10th	Jul 2019	18:30	Heversham A	v	Kirkby S
11th	Jul 2019	18:30	Wanderers A	v	Windermere
11th	Jul 2019	18:30	Kirkby S	v	Lancaster A
13th	Jul 2019	16:00	Slyne A	v	Coniston
14th	Jul 2019	16:00	Bolton Le Sands A	v	Kirkby S
15th	Jul 2019	18:30	Windermere	v	Heversham A
15th	Jul 2019	18:30	Lancaster A	v	Wanderers A

**Mens 1 continued...**

Date			Time	Home Team		Away Team
18th	Jul	2019	18:30	Wanderers A	v	Heversham A
22nd	Jul	2019	18:30	Lancaster A	v	Windermere
22nd	Jul	2019	18:30	Coniston	v	Heversham A
25th	Jul	2019	18:30	Wanderers A	v	Bolton Le Sands A
25th	Jul	2019	18:30	Kirkby S	v	Slyne A
25th	Jul	2019	18:30	Lancaster A	v	Heversham A
27th	Jul	2019	16:00	Slyne A	v	Wanderers A
28th	Jul	2019	16:00	Bolton Le Sands A	v	Lancaster A
29th	Jul	2019	18:30	Windermere	v	Coniston
1st	Aug	2019	18:30	Wanderers A	v	Coniston
5th	Aug	2019	18:30	Coniston	v	Lancaster A

**Mens 2**

Date			Time	Home Team		Away Team
27th	Apr	2019	16:00	Slyne B	v	Heversham B
29th	Apr	2019	18:30	Kirkby L	v	Endmoor
2nd	May	2019	18:30	Lunesdale A	v	Wanderers B
2nd	May	2019	18:30	North Lons. A	v	Kendal A
4th	May	2019	16:00	Slyne B	v	Lunesdale A
6th	May	2019	18:30	Kendal A	v	Heversham B
6th	May	2019	18:30	Kirkby L	v	Wanderers B
9th	May	2019	18:30	North Lons. A	v	Endmoor
13th	May	2019	18:30	Endmoor	v	Kendal A
13th	May	2019	18:30	Kirkby L	v	Slyne B
15th	May	2019	18:30	Heversham B	v	Wanderers B
16th	May	2019	18:30	Lunesdale A	v	North Lons. A
20th	May	2019	18:30	Wanderers B	v	Slyne B
20th	May	2019	18:30	Kendal A	v	Lunesdale A
22nd	May	2019	18:30	Heversham B	v	Endmoor
23rd	May	2019	18:30	North Lons. A	v	Kirkby L
25th	May	2019	16:00	Slyne B	v	North Lons. A
27th	May	2019	18:30	Endmoor	v	Wanderers B
27th	May	2019	18:30	Kirkby L	v	Kendal A
30th	May	2019	18:30	Lunesdale A	v	Heversham B
3rd	Jun	2019	18:30	Wanderers B	v	North Lons. A
3rd	Jun	2019	18:30	Kendal A	v	Slyne B
3rd	Jun	2019	18:30	Endmoor	v	Lunesdale A
5th	Jun	2019	18:30	Heversham B	v	Kirkby L
10th	Jun	2019	18:30	Kendal A	v	Wanderers B
10th	Jun	2019	18:30	Endmoor	v	Slyne B
12th	Jun	2019	18:30	Heversham B	v	North Lons. A
13th	Jun	2019	18:30	Lunesdale A	v	Kirkby L
15th	Jun	2019	16:00	Slyne B	v	Endmoor
17th	Jun	2019	18:30	Wanderers B	v	Kendal A
17th	Jun	2019	18:30	Kirkby L	v	Lunesdale A
20th	Jun	2019	18:30	North Lons. A	v	Heversham B
24th	Jun	2019	18:30	Endmoor	v	North Lons. A
24th	Jun	2019	18:30	Wanderers B	v	Kirkby L

**Mens 2 continued...**

Date			Time	Home Team		Away Team
26th	Jun	2019	18:30	Heversham B	v	Kendal A
27th	Jun	2019	18:30	Lunesdale A	v	Slyne B
29th	Jun	2019	16:00	Slyne B	v	Kirkby L
1st	Jul	2019	18:30	Wanderers B	v	Heversham B
1st	Jul	2019	18:30	Kendal A	v	Endmoor
4th	Jul	2019	18:30	North Lons. A	v	Lunesdale A
6th	Jul	2019	16:00	Slyne B	v	Wanderers B
8th	Jul	2019	18:30	Kirkby L	v	North Lons. A
8th	Jul	2019	18:30	Endmoor	v	Heversham B
11th	Jul	2019	18:30	Lunesdale A	v	Kendal A
15th	Jul	2019	18:30	Wanderers B	v	Endmoor
15th	Jul	2019	18:30	Kendal A	v	Kirkby L
17th	Jul	2019	18:30	Heversham B	v	Lunesdale A
18th	Jul	2019	18:30	North Lons. A	v	Slyne B
22nd	Jul	2019	18:30	Kirkby L	v	Heversham B
25th	Jul	2019	18:30	North Lons. A	v	Wanderers B
25th	Jul	2019	18:30	Lunesdale A	v	Endmoor
29th	Jul	2019	18:30	Wanderers B	v	Lunesdale A
29th	Jul	2019	18:30	Endmoor	v	Kirkby L
29th	Jul	2019	18:30	Kendal A	v	North Lons. A
31st	Jul	2019	18:30	Heversham B	v	Slyne B
12th	Aug	2019	18:30	Slyne B	v	Kendal A

**Mens 3**

Date			Time	Home Team		Away Team
25th	Apr	2019	18:30	Lancaster B	v	Bolton le Sands B
28th	Apr	2019	16:00	Bolton le Sands B	v	North Lons. B
29th	Apr	2019	18:30	Arnside	v	Slyne C
29th	Apr	2019	18:30	Kendal B	v	Austwick
2nd	May	2019	18:30	Bowerham	v	Lancaster B
5th	May	2019	16:00	Slyne C	v	Bowerham
6th	May	2019	18:30	North Lons. B	v	Kendal B
9th	May	2019	18:30	Lunesdale B	v	Arnside
12th	May	2019	16:00	Bolton le Sands B	v	Slyne C
13th	May	2019	18:30	Kendal B	v	Lancaster B
13th	May	2019	18:30	Austwick	v	North Lons. B
16th	May	2019	18:30	Bowerham	v	Lunesdale B
16th	May	2019	18:30	Lancaster B	v	Austwick
19th	May	2019	16:00	Slyne C	v	Kendal B
20th	May	2019	18:30	Arnside	v	Bowerham
23rd	May	2019	18:30	Lunesdale B	v	Bolton le Sands B
26th	May	2019	16:00	Bolton le Sands B	v	Arnside
27th	May	2019	18:30	Kendal B	v	Lunesdale B
27th	May	2019	18:30	Austwick	v	Slyne C
2nd	Jun	2019	16:00	Slyne C	v	North Lons. B
3rd	Jun	2019	18:30	Arnside	v	Kendal B
6th	Jun	2019	18:30	Lunesdale B	v	Austwick
6th	Jun	2019	18:30	Bowerham	v	Bolton le Sands B

**Mens 3 continued...**

Date			Time	Home Team		Away Team
6th	Jun	2019	18:30	North Lons. B	v	Lancaster B
10th	Jun	2019	18:30	Kendal B	v	Bowerham
10th	Jun	2019	18:30	Austwick	v	Arnside
10th	Jun	2019	18:30	North Lons. B	v	Lunesdale B
16th	Jun	2019	16:00	Bolton le Sands B	v	Bowerham
17th	Jun	2019	18:30	North Lons. B	v	Slyne C
17th	Jun	2019	18:30	Austwick	v	Lunesdale B
17th	Jun	2019	18:30	Kendal B	v	Arnside
20th	Jun	2019	18:30	Lancaster B	v	Slyne C
23rd	Jun	2019	16:00	Slyne C	v	Lunesdale B
24th	Jun	2019	18:30	Austwick	v	Bolton le Sands B
24th	Jun	2019	18:30	North Lons. B	v	Bowerham
27th	Jun	2019	18:30	Lancaster B	v	Arnside
30th	Jun	2019	16:00	Slyne C	v	Arnside
1st	Jul	2019	18:30	North Lons. B	v	Bolton le Sands B
1st	Jul	2019	18:30	Austwick	v	Kendal B
7th	Jul	2019	16:00	Bolton le Sands B	v	Lancaster B
8th	Jul	2019	18:30	Kendal B	v	North Lons. B
8th	Jul	2019	18:30	Arnside	v	Lunesdale B
11th	Jul	2019	18:30	Bowerham	v	Slyne C
14th	Jul	2019	16:00	Slyne C	v	Bolton le Sands B
16th	Jul	2019	18:30	Lancaster B	v	Kendal B
17th	Jul	2019	18:30	North Lons. B	v	Austwick
18th	Jul	2019	18:30	Lunesdale B	v	Bowerham
21st	Jul	2019	16:00	Bolton le Sands B	v	Lunesdale B
22nd	Jul	2019	18:30	Austwick	v	Lancaster B
22nd	Jul	2019	18:30	Kendal B	v	Slyne C
25th	Jul	2019	18:30	Bowerham	v	Arnside
28th	Jul	2019	16:00	Slyne C	v	Austwick
29th	Jul	2019	18:30	Arnside	v	Bolton le Sands B
29th	Jul	2019	18:30	Lancaster B	v	Bowerham
1st	Aug	2019	18:30	Lunesdale B	v	Kendal B
1st	Aug	2019	18:30	Lancaster B	v	North Lons. B
4th	Aug	2019	16:00	Bolton le Sands B	v	Kendal B
5th	Aug	2019	18:30	Arnside	v	North Lons. B
8th	Aug	2019	18:30	Lunesdale B	v	Lancaster B
8th	Aug	2019	18:30	Bowerham	v	Austwick
11th	Aug	2019	16:00	Slyne C	v	Lancaster B
12th	Aug	2019	18:30	Arnside	v	Austwick
15th	Aug	2019	18:30	Bowerham	v	Kendal B
15th	Aug	2019	18:30	Lunesdale B	v	North Lons. B
19th	Aug	2019	18:30	North Lons. B	v	Arnside
19th	Aug	2019	18:30	Austwick	v	Bowerham
19th	Aug	2019	18:30	Kendal B	v	Bolton le Sands B
22nd	Aug	2019	18:30	Lancaster B	v	Lunesdale B
25th	Aug	2019	16:00	Bolton le Sands B	v	Austwick
26th	Aug	2019	18:30	Arnside	v	Lancaster B
29th	Aug	2019	18:30	Bowerham	v	North Lons. B

**Mens 3 continued...**

Date			Time	Home Team		Away Team
29th	Aug	2019	18:30	Lunesdale B	v	Slyne C

# LADIES FIXTURES

## Ladies 1

Date			Time	Home Team		Away Team
29th	Apr	2019	18:30	Slyne	v	Heversham
30th	Apr	2019	18:30	Bowerham	v	Kendal
1st	May	2019	18:30	North Lons.	v	Lancaster
6th	May	2019	18:30	Heversham	v	Bowerham
9th	May	2019	18:30	Kendal	v	North Lons.
13th	May	2019	18:30	Lancaster	v	Kendal
13th	May	2019	18:30	North Lons.	v	Heversham
14th	May	2019	18:30	Bowerham	v	Slyne
20th	May	2019	18:30	Heversham	v	Lancaster
21st	May	2019	18:30	Bowerham	v	North Lons.
23rd	May	2019	18:30	Slyne	v	Kendal
27th	May	2019	18:30	Lancaster	v	Bowerham
27th	May	2019	18:30	Kendal	v	Heversham
29th	May	2019	18:30	North Lons.	v	Slyne
3rd	Jun	2019	18:30	Kendal	v	Bowerham
3rd	Jun	2019	18:30	Lancaster	v	North Lons.
6th	Jun	2019	18:30	Heversham	v	Slyne
10th	Jun	2019	18:30	Lancaster	v	Slyne
11th	Jun	2019	18:30	Bowerham	v	Heversham
13th	Jun	2019	18:30	North Lons.	v	Kendal
17th	Jun	2019	18:30	Heversham	v	North Lons.
17th	Jun	2019	18:30	Kendal	v	Lancaster
20th	Jun	2019	18:30	Slyne	v	Bowerham
24th	Jun	2019	18:30	Kendal	v	Slyne
24th	Jun	2019	18:30	Lancaster	v	Heversham
26th	Jun	2019	18:30	North Lons.	v	Bowerham
27th	Jun	2019	18:30	Slyne	v	Lancaster
1st	Jul	2019	18:30	Heversham	v	Kendal
2nd	Jul	2019	18:30	Bowerham	v	Lancaster
4th	Jul	2019	18:30	Slyne	v	North Lons.



# MIXED FIXTURES

## Mixed 1

Date			Time	Home Team		Away Team
1st	May	2019	18:30	Kendal A	v	Dalton
7th	May	2019	18:30	Slyne	v	Dalton
8th	May	2019	18:30	Kirkby S	v	Kendal A
9th	May	2019	18:30	Heversham	v	Coniston
13th	May	2019	18:30	Coniston	v	Slyne
15th	May	2019	18:30	Kendal A	v	Heversham
16th	May	2019	18:30	Dalton	v	Kirkby S
20th	May	2019	18:30	Coniston	v	Kendal A
23rd	May	2019	18:30	Heversham	v	Dalton
29th	May	2019	18:30	Kirkby S	v	Heversham
29th	May	2019	18:30	Slyne	v	Kendal A
30th	May	2019	18:30	Dalton	v	Coniston
4th	Jun	2019	18:30	Slyne	v	Heversham
5th	Jun	2019	18:30	Kirkby S	v	Coniston
12th	Jun	2019	18:30	Kendal A	v	Kirkby S
12th	Jun	2019	18:30	Coniston	v	Heversham
13th	Jun	2019	18:30	Dalton	v	Slyne
18th	Jun	2019	18:30	Slyne	v	Coniston
19th	Jun	2019	18:30	Kirkby S	v	Dalton
20th	Jun	2019	18:30	Heversham	v	Kendal A
25th	Jun	2019	18:30	Dalton	v	Heversham
26th	Jun	2019	18:30	Kirkby S	v	Slyne
26th	Jun	2019	18:30	Kendal A	v	Coniston
2nd	Jul	2019	18:30	Kendal A	v	Slyne
3rd	Jul	2019	18:30	Coniston	v	Kirkby S
3rd	Jul	2019	18:30	Heversham	v	Slyne
4th	Jul	2019	18:30	Heversham	v	Kirkby S
9th	Jul	2019	18:30	Slyne	v	Kirkby S
17th	Jul	2019	18:30	Coniston	v	Dalton
25th	Jul	2019	18:30	Dalton	v	Kendal A

## Mixed 2

Date			Time	Home Team		Away Team
25th	Apr	2019	18:30	Windermere	v	Slyne B
30th	Apr	2019	18:30	Slyne B	v	Sedbergh
1st	May	2019	18:30	Kirkby L	v	Bolton Le Sands
2nd	May	2019	18:30	Kendal B	v	Sedbergh
7th	May	2019	18:30	Bolton Le Sands	v	Windermere
8th	May	2019	18:30	Sedbergh	v	Kirkby L
8th	May	2019	18:30	North Lons.	v	Kendal B
13th	May	2019	18:30	Slyne B	v	Bolton Le Sands
15th	May	2019	18:30	Kirkby L	v	North Lons.
16th	May	2019	18:30	Windermere	v	Sedbergh
22nd	May	2019	18:30	Sedbergh	v	Slyne B
22nd	May	2019	18:30	North Lons.	v	Windermere

**Mixed 2 continued...**

Date			Time	Home Team		Away Team
22nd	May	2019	18:30	Kendal B	v	Kirkby L
29th	May	2019	18:30	Bolton Le Sands	v	Sedbergh
30th	May	2019	18:30	Windermere	v	Kendal B
5th	Jun	2019	18:30	North Lons.	v	Bolton Le Sands
6th	Jun	2019	18:30	Kendal B	v	Slyne B
6th	Jun	2019	18:30	Kirkby L	v	Windermere
10th	Jun	2019	18:30	Windermere	v	Bolton Le Sands
11th	Jun	2019	18:30	Bolton Le Sands	v	Kendal B
12th	Jun	2019	18:30	Sedbergh	v	North Lons.
17th	Jun	2019	18:30	Slyne B	v	Windermere
18th	Jun	2019	18:30	Bolton Le Sands	v	Kirkby L
19th	Jun	2019	18:30	Sedbergh	v	Kendal B
26th	Jun	2019	18:30	Kirkby L	v	Sedbergh
27th	Jun	2019	18:30	Kendal B	v	North Lons.
3rd	Jul	2019	18:30	North Lons.	v	Kirkby L
3rd	Jul	2019	18:30	Sedbergh	v	Windermere
4th	Jul	2019	18:30	Kendal B	v	Bolton Le Sands
10th	Jul	2019	18:30	Kirkby L	v	Kendal B
10th	Jul	2019	18:30	Windermere	v	North Lons.
15th	Jul	2019	18:30	Slyne B	v	North Lons.
18th	Jul	2019	18:30	Kendal B	v	Windermere
18th	Jul	2019	18:30	Sedbergh	v	Bolton Le Sands
18th	Jul	2019	18:30	Slyne B	v	Kirkby L
22nd	Jul	2019	18:30	Slyne B	v	Kendal B
24th	Jul	2019	18:30	Bolton Le Sands	v	North Lons.
25th	Jul	2019	18:30	Windermere	v	Kirkby L
30th	Jul	2019	18:30	Bolton Le Sands	v	Slyne B
31st	Jul	2019	18:30	Kirkby L	v	Slyne B
31st	Jul	2019	18:30	North Lons.	v	Sedbergh
8th	Aug	2019	18:30	North Lons.	v	Slyne B