



# KENDAL & DISTRICT TENNIS LEAGUE

## **SUMMER 2022 SEASON OFFICIAL HANDBOOK**

Fixtures and Results available online @  
[www.kendal.tennis-league.org](http://www.kendal.tennis-league.org)

## CLUB CONTACTS

### **Arnside TC**

#### **Tim Farmer**

telephone number private - log on to website

email address private - log on to website

#### **Alex Rocke**

telephone number private - log on to website

### **Bolton Le Sands TC**

#### **Maureen Forrest**

telephone number private - log on to website

email address private - log on to website

#### **Mark Tomlinson**

telephone number private - log on to website

email address private - log on to website

### **Bowerham Tennis Club**

#### **Helci Szulc**

telephone number private - log on to website

email address private - log on to website

### **Coniston TC**

#### **Peter Helme**

telephone number private - log on to website

email address private - log on to website

### **Endmoor TC**

#### **Mark Woodburn**

telephone number private - log on to website

email address private - log on to website

#### **Peter Rushton**

telephone number private - log on to website

email address private - log on to website

### **Hawcoat Park TC**

#### **Helen Williams**

telephone number private - log on to website

email address private - log on to website

#### **Paul Stubbs**

telephone number private - log on to website

### **Heversham with Milnthorpe TC**

#### **Mark Fox**

telephone number private - log on to website

email address private - log on to website

#### **Nicola Ogden**

telephone number private - log on to website

email address private - log on to website

### **Kendal TC**

#### **Dave Parry**

telephone number private - log on to website

email address private - log on to website

#### **Caz Graham**

telephone number private - log on to website

email address private - log on to website

**Kirkby Lonsdale TC**

**John Lowery**

telephone number private - log on to website

email address private - log on to website

**Jo Lowery**

telephone number private - log on to website

email address private - log on to website

**Dermot McDaid**

telephone number private - log on to website

email address private - log on to website

**Kirkby Stephen TC**

**Nick Walls**

telephone number private - log on to website

email address private - log on to website

**Lancaster Tennis Club**

**Susan Lucas**

telephone number private - log on to website

email address private - log on to website

**Sandra Eccles**

telephone number private - log on to website

email address private - log on to website

**Lunesdale LTC**

**John Braithwaite**

telephone number private - log on to website

email address private - log on to website

**North Lonsdale TC**

**Tom Fraser**

telephone number private - log on to website

email address private - log on to website

**Geoff Birch**

telephone number private - log on to website

email address private - log on to website

**Slyne-with-Hest TC**

**David Marle**

telephone number private - log on to website

email address private - log on to website

**Paul Casson**

telephone number private - log on to website

email address private - log on to website

**WanderersTC**

**Ben Wilson**

telephone number private - log on to website

email address private - log on to website

**Alex Teckkam**

telephone number private - log on to website

email address private - log on to website

**Windermere LTC**

**Mike Jones**

telephone number private - log on to website

email address private - log on to website

# CLUB ADDRESS & TEAM CONTACTS

## Arnside TC

Silverdale Road, Arnside, Carnforth, Lancashire, , LA5 0DZ

Mens 3	<b>[Arnside A]</b>	<b>Tim Farmer</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mens 4	<b>[Arnside B]</b>	<b>Tim Farmer</b> telephone number private - log on to website MON 18:30 email address private - log on to website

## Bolton Le Sands TC

Packet Lane, Bolton Le Sands, Carnforth, Lancashire, , LA5 8DW

Mens 3	<b>[BLS A]</b>	<b>Mark Tomlinson</b> telephone number private - log on to website TUE 18:30 email address private - log on to website
Mens 4	<b>[Bolton le Sands B]</b>	<b>Graham Clarke</b> telephone number private - log on to website FRI 18:30 email address private - log on to website
Mixed 2	<b>[Bolton Le Sands]</b>	<b>Maureen Forrest</b> telephone number private - log on to website FRI 18:30 email address private - log on to website

## Bowerham Tennis Club

Barton Road, Lancaster, LA1 4ER

Mens 2	<b>[Bowerham]</b>	<b>Matt Nichols</b> telephone number private - log on to website THU 18:30 email address private - log on to website
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## Coniston TC

Coniston Sports and Social Centre, Shepherds Bridge Lane, Coniston, Cumbria, LA21 8AL

Mens 1	<b>[Coniston A]</b>	<b>Pavel Hany</b> s telephone number private - log on to website WED 18:30 email address private - log on to website <b>Peter Helme</b> telephone number private - log on to website email address private - log on to website
Mens 3	<b>[Coniston B]</b>	<b>Jeff Atkinson</b> telephone number private - log on to website FRI 18:30 email address private - log on to website

## Endmoor TC

Gatebeck Road, Endmoor, Kendal, Cumbria, , LA8 0HL

Mens 3	<b>[Endmoor]</b>	<b>Mark Woodburn</b> telephone number private - log on to website MON 18:30 email address private - log on to website
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## Hawcoat Park TC

Hawcoat Park Sports Centre Hawcoat Lane Barrow in Furness, LA14 4HF

Ladies	<b>[Hawcoat Park]</b>	<b>Judith Silvester</b> telephone number private - log on to website MON 18:30
Mens 3	<b>[Hawcoat Park]</b>	<b>Luke Adams</b> WED 18:30
Mixed 1	<b>[Hawcoat Park]</b>	<b>Helen Williams</b> telephone number private - log on to website THU 18:30 email address private - log on to website <b>Pamela Clarkson</b>

**Heversham with Milnthorpe TC***Dallam School, Heversham, Cumbria , LA7 7EH*

Ladies	<b>[Heversham]</b>	<b>Nicola Ogden</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mens 1	<b>[Heversham]</b>	<b>James Kirkpatrick</b> THU 18:30
Mixed 1	<b>[Heversham]</b>	<b>Nicola Ogden</b> telephone number private - log on to website WED 18:30 email address private - log on to website

**Kendal TC***Appleby Road, Kendal, Cumbria, , LA9 6HF*

Ladies	<b>[Kendal A]</b>	<b>Erica Ferreira</b> telephone number private - log on to website MON 18:30 email address private - log on to website <b>Di Reddin</b> telephone number private - log on to website email address private - log on to website
	<b>[Kendal B]</b>	<b>Andrea Evans</b> telephone number private - log on to website THU 18:30 email address private - log on to website <b>Caz Graham</b> telephone number private - log on to website email address private - log on to website
Mens 1	<b>[Kendal A]</b>	<b>Graeme Blair</b> telephone number private - log on to website MON 18:30 <b>Oli Jeffs</b> telephone number private - log on to website
Mens 2	<b>[Kendal B]</b>	<b>Dave Parry</b> telephone number private - log on to website MON 18:30 email address private - log on to website <b>Andy Yearsley</b> telephone number private - log on to website email address private - log on to website
Mens 4	<b>[Kendal C]</b>	<b>Andy Harvey</b> telephone number private - log on to website WED 18:30 email address private - log on to website
Mixed 1	<b>[Kendal A]</b>	<b>Di Reddin</b> telephone number private - log on to website WED 18:30 email address private - log on to website
Mixed 2	<b>[Kendal B]</b>	<b>Caz Graham</b> telephone number private - log on to website THU 18:30 email address private - log on to website

**Kirkby Lonsdale TC***Queen Elizabeth School, Lunesdale Sports Centre (Astro), Kirkby Lonsdale, Carnforth, Lancashire,, LA6 2HJ*

Mens 2	<b>[Kirkby L]</b>	<b>John Lowery</b> telephone number private - log on to website MON 18:30 email address private - log on to website <b>Dermot McDaid</b> telephone number private - log on to website email address private - log on to website <b>Ian Glaves</b> telephone number private - log on to website email address private - log on to website
Mens 4	<b>[Kirkby L B]</b>	<b>Luke Meller</b> telephone number private - log on to website MON 18:30 email address private - log on to website
Mixed 2	<b>[Kirkby L]</b>	<b>Georgie Martindale</b> telephone number private - log on to website WED 18:30 email address private - log on to website

### Kirkby Stephen TC

*Kirkby Stephen Grammar School & Sports College, Kirkby Stephen Cumbria , CA17 4HA*

Mens 1	<b>[Kirkby S]</b>	<b>Nick Walls</b> telephone number private - log on to website
	THU 18:30	email address private - log on to website

### Lancaster Tennis Club

*Lune Road, Lancaster, LA1 5QU*

Mens 1	<b>[Lancaster A]</b>	<b>Simon Hicks</b> telephone number private - log on to website
	MON 18:30	email address private - log on to website
Mens 3	<b>[Lancaster B]</b>	<b>Steve Garland</b> telephone number private - log on to website
	TUE 18:30	email address private - log on to website
Mixed 2	<b>[Lancaster]</b>	<b>Derek Metcalfe</b> telephone number private - log on to website
	TUE 18:30	email address private - log on to website

### Lunesdale LTC

*Ball Lane, Caton, Lancashire, , LA2 9QN*

Mens 2	<b>[Lunesdale A]</b>	<b>David Marle</b> telephone number private - log on to website
	THU 18:30	email address private - log on to website
Mens 3	<b>[Lunesdale B]</b>	<b>Tom Greenwood</b> telephone number private - log on to website
	THU 18:30	email address private - log on to website
Mens 4	<b>[Lunesdale C]</b>	<b>John Braithwaite</b> telephone number private - log on to website
	MON 18:30	email address private - log on to website

### North Lonsdale TC

*Yew Tree Playing Fields, Grange-Over-Sands,, LA11 7AA*

Ladies	<b>[North Lons.]</b>	<b>Ann Morris</b> telephone number private - log on to website
	WED 18:30	email address private - log on to website
Mens 2	<b>[North Lons. A]</b>	<b>Ian Bury</b> telephone number private - log on to website
	THU 18:30	email address private - log on to website
Mens 4	<b>[North Lons. B]</b>	<b>David Law</b> telephone number private - log on to website
	MON 18:30	email address private - log on to website
Mixed 1	<b>[North Lons.]</b>	<b>Joanne Read</b> telephone number private - log on to website
	WED 18:30	email address private - log on to website

### Slyne-with-Hest TC

*Hanging Green Lane Hest Bank, Lancaster, Lancashire,, LA2 6JB*

Mens 1	<b>[Slyne A]</b>	<b>Alex Hewitt</b> telephone number private - log on to website
	SAT 16:00	email address private - log on to website
Mens 2	<b>[Slyne B]</b>	<b>Alan Holt</b> telephone number private - log on to website
	SAT 16:00	email address private - log on to website
Mens 4	<b>[Slyne C]</b>	<b>John Smith</b> telephone number private - log on to website
	FRI 18:30	email address private - log on to website
Mixed 1	<b>[Slyne A]</b>	<b>Nick Higham</b> telephone number private - log on to website
	MON 18:30	email address private - log on to website
Mixed 2	<b>[Slyne B]</b>	<b>David Bird</b> telephone number private - log on to website
	MON 18:30	email address private - log on to website

### **WanderersTC**

*Priory Road, ULVERSTON, Cumbria, , LA12 9HT*

Mens 1	<b>[Wanderers A]</b>	<b>Alex Teckkam</b> telephone number private - log on to website THU 18:30 email address private - log on to website <b>Andrew Hodgson</b> telephone number private - log on to website email address private - log on to website
Mens 2	<b>[Wanderers B]</b>	<b>Ben Wilson</b> telephone number private - log on to website MON 18:30 email address private - log on to website

### **Windermere LTC**

*Queens Park, Between Droomer Drive And Park Road, Windermere, Cumbria,, LA23 2LR*

Mens 1	<b>[Windermere]</b>	<b>Mike Harrison</b> telephone number private - log on to website MON 18:30 email address private - log on to website <b>Mike Jones</b> telephone number private - log on to website email address private - log on to website
Mixed 1	<b>[Windermere]</b>	<b>Janette Osliff</b> telephone number private - log on to website THU 18:30 email address private - log on to website <b>Mike Harrison</b> telephone number private - log on to website email address private - log on to website <b>Ryan Taylor</b> telephone number private - log on to website email address private - log on to website

# MENS FIXTURES

## Mens 1

	Date		Time	Home Team		Away Team
30th	Nov	-0001	00:00	Kirkby S	v	Wanderers A
30th	Nov	-0001	00:00	Wanderers A	v	Kirkby S
30th	Nov	-0001	00:00	Wanderers A	v	Slyne A
30th	Nov	-0001	00:00	Windermere	v	Wanderers A
29th	Apr	2024	18:30	Kendal A	v	Wanderers A
1st	May	2024	18:30	Coniston A	v	Lancaster A
2nd	May	2024	18:30	Heversham	v	Kirkby S
4th	May	2024	16:00	Slyne A	v	Windermere
6th	May	2024	18:30	Windermere	v	Kendal A
8th	May	2024	18:30	Coniston A	v	Slyne A
9th	May	2024	18:30	Wanderers A	v	Heversham
13th	May	2024	18:30	Kendal A	v	Coniston A
16th	May	2024	18:30	Heversham	v	Windermere
18th	May	2024	16:00	Slyne A	v	Lancaster A
20th	May	2024	18:30	Lancaster A	v	Wanderers A
20th	May	2024	18:30	Windermere	v	Kirkby S
22nd	May	2024	18:30	Lancaster A	v	Kirkby S
22nd	May	2024	18:30	Coniston A	v	Heversham
25th	May	2024	16:00	Slyne A	v	Kendal A
30th	May	2024	18:30	Heversham	v	Slyne A
30th	May	2024	18:30	Wanderers A	v	Windermere
30th	May	2024	18:30	Kirkby S	v	Coniston A
3rd	Jun	2024	18:30	Kendal A	v	Heversham
3rd	Jun	2024	18:30	Lancaster A	v	Windermere
5th	Jun	2024	18:30	Coniston A	v	Wanderers A
8th	Jun	2024	16:00	Slyne A	v	Kirkby S
10th	Jun	2024	18:30	Windermere	v	Coniston A
13th	Jun	2024	18:30	Heversham	v	Lancaster A
13th	Jun	2024	18:30	Kirkby S	v	Kendal A
17th	Jun	2024	18:30	Windermere	v	Slyne A
17th	Jun	2024	18:30	Lancaster A	v	Coniston A
20th	Jun	2024	18:30	Wanderers A	v	Kendal A
20th	Jun	2024	18:30	Kirkby S	v	Heversham
24th	Jun	2024	18:30	Kendal A	v	Windermere
27th	Jun	2024	18:30	Kirkby S	v	Lancaster A
27th	Jun	2024	18:30	Heversham	v	Wanderers A
29th	Jun	2024	16:00	Slyne A	v	Coniston A
1st	Jul	2024	18:30	Lancaster A	v	Slyne A
1st	Jul	2024	18:30	Windermere	v	Heversham
3rd	Jul	2024	18:30	Coniston A	v	Kendal A
8th	Jul	2024	18:30	Kendal A	v	Slyne A
11th	Jul	2024	18:30	Heversham	v	Coniston A
11th	Jul	2024	18:30	Wanderers A	v	Lancaster A
11th	Jul	2024	18:30	Kirkby S	v	Windermere
15th	Jul	2024	18:30	Lancaster A	v	Kendal A



**Mens 1 continued...**

Date			Time	Home Team		Away Team
17th	Jul	2024	18:30	Coniston A	v	Kirkby S
20th	Jul	2024	16:00	Slyne A	v	Heversham
22nd	Jul	2024	18:30	Windermere	v	Lancaster A
25th	Jul	2024	18:30	Wanderers A	v	Coniston A
25th	Jul	2024	18:30	Heversham	v	Kendal A
25th	Jul	2024	18:30	Kirkby S	v	Slyne A
29th	Jul	2024	18:30	Lancaster A	v	Heversham
29th	Jul	2024	18:30	Kendal A	v	Kirkby S
31st	Jul	2024	18:30	Coniston A	v	Windermere
3rd	Aug	2024	16:00	Slyne A	v	Wanderers A
7th	Aug	2024	18:30	Kendal A	v	Lancaster A

**Mens 2**

Date			Time	Home Team		Away Team
2nd	May	2024	18:30	Lunesdale A	v	Wanderers B
2nd	May	2024	18:30	Bowerham	v	Kendal B
6th	May	2024	18:30	Kendal B	v	North Lons. A
6th	May	2024	18:30	Kirkby L	v	Bowerham
11th	May	2024	16:00	Slyne B	v	Lunesdale A
13th	May	2024	18:30	Wanderers B	v	Slyne B
16th	May	2024	18:30	Lunesdale A	v	Kendal B
16th	May	2024	18:30	North Lons. A	v	Kirkby L
20th	May	2024	18:30	Kirkby L	v	Lunesdale A
23rd	May	2024	18:30	Bowerham	v	North Lons. A
27th	May	2024	18:30	Kendal B	v	Wanderers B
3rd	Jun	2024	18:30	Kirkby L	v	Slyne B
6th	Jun	2024	18:30	North Lons. A	v	Lunesdale A
6th	Jun	2024	18:30	Bowerham	v	Wanderers B
10th	Jun	2024	18:30	Kendal B	v	Kirkby L
10th	Jun	2024	18:30	Wanderers B	v	North Lons. A
15th	Jun	2024	16:00	Slyne B	v	Bowerham
17th	Jun	2024	18:30	Kendal B	v	Bowerham
17th	Jun	2024	18:30	Wanderers B	v	Lunesdale A
20th	Jun	2024	18:30	Lunesdale A	v	Bowerham
22nd	Jun	2024	16:00	Slyne B	v	North Lons. A
24th	Jun	2024	18:30	Kirkby L	v	Wanderers B
27th	Jun	2024	18:30	Bowerham	v	Kirkby L
27th	Jun	2024	18:30	Lunesdale A	v	Slyne B
27th	Jun	2024	18:30	North Lons. A	v	Kendal B
1st	Jul	2024	18:30	Kirkby L	v	North Lons. A
1st	Jul	2024	18:30	Kendal B	v	Lunesdale A
6th	Jul	2024	16:00	Slyne B	v	Wanderers B
11th	Jul	2024	18:30	Lunesdale A	v	Kirkby L
11th	Jul	2024	18:30	North Lons. A	v	Bowerham
15th	Jul	2024	18:30	Wanderers B	v	Kirkby L
15th	Jul	2024	18:30	Kendal B	v	Slyne B
18th	Jul	2024	18:30	Bowerham	v	Lunesdale A
22nd	Jul	2024	18:30	Wanderers B	v	Bowerham

**Mens 2 continued...**

Date			Time	Home Team		Away Team
25th	Jul	2024	18:30	Lunesdale A	v	North Lons. A
27th	Jul	2024	16:00	Slyne B	v	Kirkby L
29th	Jul	2024	18:30	Kirkby L	v	Kendal B
1st	Aug	2024	18:30	North Lons. A	v	Wanderers B
1st	Aug	2024	18:30	Bowerham	v	Slyne B
5th	Aug	2024	18:30	Wanderers B	v	Kendal B
5th	Aug	2024	18:30	North Lons. A	v	Slyne B
10th	Aug	2024	16:00	Slyne B	v	Kendal B

**Mens 3**

Date			Time	Home Team		Away Team
29th	Apr	2024	18:30	Arnsdale A	v	Hawcoat Park
30th	Apr	2024	18:30	Lancaster B	v	Coniston B
30th	Apr	2024	18:30	BLS A	v	Endmoor
3rd	May	2024	18:30	Coniston B	v	Lunesdale B
8th	May	2024	18:30	Hawcoat Park	v	Lancaster B
9th	May	2024	18:30	Lunesdale B	v	Arnsdale A
10th	May	2024	18:30	Coniston B	v	BLS A
14th	May	2024	18:30	Lancaster B	v	Lunesdale B
14th	May	2024	18:30	BLS A	v	Hawcoat Park
15th	May	2024	18:30	Endmoor	v	Coniston B
20th	May	2024	18:30	Arnsdale A	v	Lancaster B
22nd	May	2024	18:30	Hawcoat Park	v	Endmoor
23rd	May	2024	18:30	Lunesdale B	v	BLS A
28th	May	2024	18:30	BLS A	v	Arnsdale A
31st	May	2024	18:30	Coniston B	v	Hawcoat Park
3rd	Jun	2024	18:30	Arnsdale A	v	Endmoor
4th	Jun	2024	18:30	Lancaster B	v	BLS A
6th	Jun	2024	18:30	Lunesdale B	v	Coniston B
10th	Jun	2024	18:30	Endmoor	v	Lancaster B
12th	Jun	2024	18:30	Hawcoat Park	v	Lunesdale B
14th	Jun	2024	18:30	Coniston B	v	Arnsdale A
17th	Jun	2024	18:30	Endmoor	v	BLS A
19th	Jun	2024	18:30	Hawcoat Park	v	Arnsdale A
21st	Jun	2024	18:30	Coniston B	v	Lancaster B
24th	Jun	2024	18:30	Arnsdale A	v	Lunesdale B
25th	Jun	2024	18:30	BLS A	v	Coniston B
25th	Jun	2024	18:30	Lancaster B	v	Hawcoat Park
28th	Jun	2024	18:30	Endmoor	v	Lunesdale B
3rd	Jul	2024	18:30	Hawcoat Park	v	BLS A
4th	Jul	2024	18:30	Lunesdale B	v	Lancaster B
5th	Jul	2024	18:30	Coniston B	v	Endmoor
8th	Jul	2024	18:30	Endmoor	v	Hawcoat Park
9th	Jul	2024	18:30	Lancaster B	v	Arnsdale A
9th	Jul	2024	18:30	BLS A	v	Lunesdale B
15th	Jul	2024	18:30	Arnsdale A	v	BLS A
18th	Jul	2024	18:30	Lunesdale B	v	Endmoor
22nd	Jul	2024	18:30	Endmoor	v	Arnsdale A

**Mens 3 continued...**

Date			Time	Home Team		Away Team
23rd	Jul	2024	18:30	BLS A	v	Lancaster B
29th	Jul	2024	18:30	Arnsdale A	v	Coniston B
30th	Jul	2024	18:30	Lancaster B	v	Endmoor
1st	Aug	2024	18:30	Lunesdale B	v	Hawcoat Park
7th	Aug	2024	18:30	Hawcoat Park	v	Coniston B

**Mens 4**

Date			Time	Home Team		Away Team
29th	Apr	2024	18:30	North Lons. B	v	Arnsdale B
1st	May	2024	18:30	Kendal C	v	Lunesdale C
3rd	May	2024	18:30	Slyne C	v	Kirkby L B
6th	May	2024	18:30	Arnsdale B	v	Slyne C
10th	May	2024	18:30	Bolton le Sands B	v	Kendal C
13th	May	2024	18:30	North Lons. B	v	Bolton le Sands B
13th	May	2024	18:30	Kirkby L B	v	Arnsdale B
20th	May	2024	18:30	Lunesdale C	v	Kirkby L B
22nd	May	2024	18:30	Kendal C	v	North Lons. B
24th	May	2024	18:30	Bolton le Sands B	v	Slyne C
27th	May	2024	18:30	Arnsdale B	v	Lunesdale C
27th	May	2024	18:30	Kirkby L B	v	Bolton le Sands B
30th	May	2024	18:30	Lunesdale C	v	North Lons. B
31st	May	2024	18:30	Slyne C	v	Kendal C
3rd	Jun	2024	18:30	North Lons. B	v	Slyne C
5th	Jun	2024	18:30	Kendal C	v	Kirkby L B
7th	Jun	2024	18:30	Bolton le Sands B	v	Arnsdale B
7th	Jun	2024	18:30	Slyne C	v	Lunesdale C
10th	Jun	2024	18:30	Arnsdale B	v	Kendal C
10th	Jun	2024	18:30	Kirkby L B	v	North Lons. B
10th	Jun	2024	18:30	Lunesdale C	v	Bolton le Sands B
17th	Jun	2024	18:30	Arnsdale B	v	North Lons. B
17th	Jun	2024	18:30	Kirkby L B	v	Slyne C
17th	Jun	2024	18:30	Lunesdale C	v	Kendal C
19th	Jun	2024	18:30	Bolton le Sands B	v	North Lons. B
24th	Jun	2024	18:30	North Lons. B	v	Lunesdale C
26th	Jun	2024	18:30	Kendal C	v	Bolton le Sands B
28th	Jun	2024	18:30	Slyne C	v	Arnsdale B
1st	Jul	2024	18:30	Lunesdale C	v	Slyne C
1st	Jul	2024	18:30	Arnsdale B	v	Kirkby L B
8th	Jul	2024	18:30	Kirkby L B	v	Lunesdale C
8th	Jul	2024	18:30	North Lons. B	v	Kendal C
12th	Jul	2024	18:30	Slyne C	v	Bolton le Sands B
15th	Jul	2024	18:30	Lunesdale C	v	Arnsdale B
17th	Jul	2024	18:30	Kendal C	v	Slyne C
19th	Jul	2024	18:30	Bolton le Sands B	v	Kirkby L B
22nd	Jul	2024	18:30	Arnsdale B	v	Bolton le Sands B
22nd	Jul	2024	18:30	Kirkby L B	v	Kendal C
26th	Jul	2024	18:30	Slyne C	v	North Lons. B
29th	Jul	2024	18:30	North Lons. B	v	Kirkby L B

**Mens 4 continued...**

Date			Time	Home Team		Away Team
31st	Jul	2024	18:30	Kendal C	v	Arnside B
2nd	Aug	2024	18:30	Bolton le Sands B	v	Lunesdale C

# LADIES FIXTURES

## Ladies

Date			Time	Home Team		Away Team
2nd	May	2024	18:30	Kendal B	v	Kendal A
6th	May	2024	18:30	Heversham	v	Hawcoat Park
8th	May	2024	18:30	North Lons.	v	Kendal B
13th	May	2024	18:30	Hawcoat Park	v	Kendal A
16th	May	2024	18:30	Kendal B	v	Heversham
20th	May	2024	18:30	Heversham	v	Kendal A
22nd	May	2024	18:30	North Lons.	v	Hawcoat Park
27th	May	2024	18:30	Kendal A	v	North Lons.
3rd	Jun	2024	18:30	Kendal A	v	Kendal B
3rd	Jun	2024	18:30	Heversham	v	North Lons.
10th	Jun	2024	18:30	Hawcoat Park	v	Heversham
13th	Jun	2024	18:30	Kendal B	v	North Lons.
17th	Jun	2024	18:30	Kendal A	v	Hawcoat Park
17th	Jun	2024	18:30	Heversham	v	Kendal B
24th	Jun	2024	18:30	Hawcoat Park	v	North Lons.
24th	Jun	2024	18:30	Kendal A	v	Heversham
3rd	Jul	2024	18:30	North Lons.	v	Kendal A
4th	Jul	2024	18:30	Kendal B	v	Hawcoat Park
8th	Jul	2024	18:30	Hawcoat Park	v	Kendal B
15th	Jul	2024	18:30	North Lons.	v	Heversham

# MIXED FIXTURES

## Mixed 1

Date			Time	Home Team		Away Team
29th	Apr	2024	18:30	Slyne A	v	Windermere
1st	May	2024	18:30	Heversham	v	Kendal A
2nd	May	2024	18:30	Hawcoat Park	v	North Lons.
8th	May	2024	18:30	Kendal A	v	Hawcoat Park
15th	May	2024	18:30	Hawcoat Park	v	Slyne A
15th	May	2024	18:30	North Lons.	v	Kendal A
15th	May	2024	18:30	Heversham	v	Windermere
20th	May	2024	18:30	Slyne A	v	North Lons.
23rd	May	2024	18:30	Windermere	v	Kendal A
23rd	May	2024	18:30	Heversham	v	Hawcoat Park
29th	May	2024	18:30	North Lons.	v	Heversham
29th	May	2024	18:30	Kendal A	v	Slyne A
5th	Jun	2024	18:30	North Lons.	v	Hawcoat Park
5th	Jun	2024	18:30	Kendal A	v	Heversham
6th	Jun	2024	18:30	Windermere	v	Slyne A
6th	Jun	2024	18:30	Hawcoat Park	v	Heversham
12th	Jun	2024	18:30	Heversham	v	Slyne A
12th	Jun	2024	18:30	North Lons.	v	Windermere
13th	Jun	2024	18:30	Hawcoat Park	v	Kendal A
17th	Jun	2024	18:30	Slyne A	v	Hawcoat Park
19th	Jun	2024	18:30	Kendal A	v	North Lons.
20th	Jun	2024	18:30	Windermere	v	Heversham
26th	Jun	2024	18:30	Kendal A	v	Windermere
26th	Jun	2024	18:30	North Lons.	v	Slyne A
1st	Jul	2024	18:30	Slyne A	v	Kendal A
4th	Jul	2024	18:30	Windermere	v	North Lons.
10th	Jul	2024	18:30	Windermere	v	Hawcoat Park
18th	Jul	2024	18:30	Heversham	v	North Lons.
22nd	Jul	2024	18:30	Slyne A	v	Heversham
24th	Jul	2024	18:30	Hawcoat Park	v	Windermere

## Mixed 2

Date			Time	Home Team		Away Team
2nd	May	2024	18:30	Kendal B	v	Kirkby L
3rd	May	2024	18:30	Bolton Le Sands	v	Slyne B
7th	May	2024	18:30	Lancaster	v	Kendal B
8th	May	2024	18:30	Kirkby L	v	Bolton Le Sands
13th	May	2024	18:30	Slyne B	v	Kirkby L
17th	May	2024	18:30	Bolton Le Sands	v	Lancaster
21st	May	2024	18:30	Lancaster	v	Slyne B
23rd	May	2024	18:30	Kendal B	v	Bolton Le Sands
27th	May	2024	18:30	Slyne B	v	Kendal B
29th	May	2024	18:30	Kirkby L	v	Lancaster
3rd	Jun	2024	18:30	Slyne B	v	Bolton Le Sands
5th	Jun	2024	18:30	Kirkby L	v	Kendal B

**Mixed 2 continued...**

Date			Time	Home Team		Away Team
13th	Jun	2024	18:30	Kendal B	v	Lancaster
14th	Jun	2024	18:30	Bolton Le Sands	v	Kirkby L
19th	Jun	2024	18:30	Lancaster	v	Bolton Le Sands
19th	Jun	2024	18:30	Kirkby L	v	Slyne B
24th	Jun	2024	18:30	Slyne B	v	Lancaster
28th	Jun	2024	18:30	Bolton Le Sands	v	Kendal B
2nd	Jul	2024	18:30	Lancaster	v	Kirkby L
4th	Jul	2024	18:30	Kendal B	v	Slyne B